



ERS

## CERS spring meeting

Online

March 24<sup>th</sup> 14:00 – 16:00

# Agenda



- 1. Welcome & approval of agenda**
- 2. Minutes approval** (CERS meeting Sept 2019, Madrid)
- 3. Presidential remarks**
- 4. CERS Steering Committee**
- 5. Satellites 2020 and future editions**
- 6. Society presentations**
  - a) Chinese Thoracic Society
  - b) Romanian Respiratory Society
- 7. Partnerships & Societies**
  - a) Membership and Societies report
  - b) ERS & CoV-19
  - c) Renewal of society partnership agreements
  - d) Society resources: ERS workshops and activities adapted at the national level
    - i. Air pollution workshop in Poland
  - e) Gender balance
- 8. ERS pillars: collaboration opportunities**
  - a) Joint opportunities in Education
  - b) European Lung Foundation
- 9. Any other business**
- 10. Save the date – next meeting**



## Welcoming words & Approval of the agenda



**Approval of the previous meeting minute**

**CERS meeting: Madrid ERS Congress 2019, 30 September**





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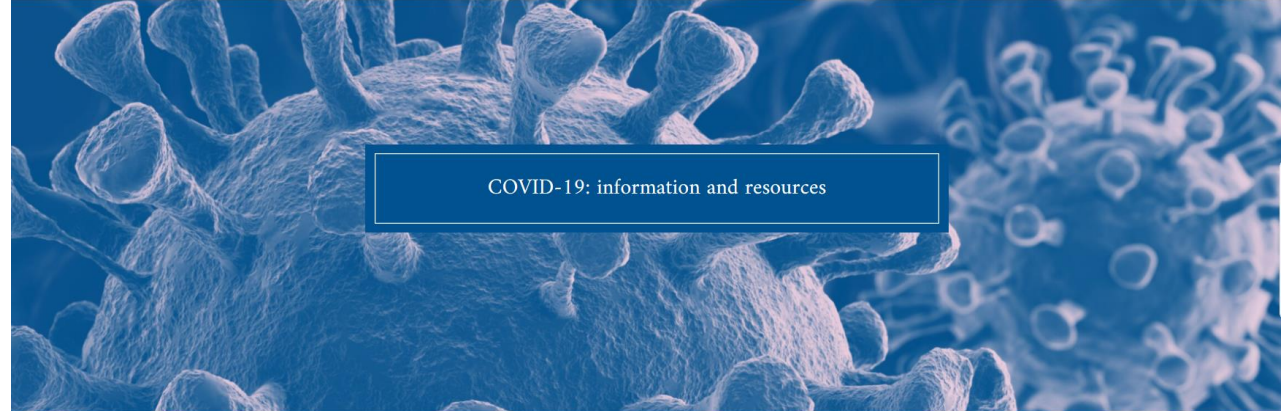
## Presidential remarks

T. Troosters, ERS President

# Update in days of COVID-19

**Face to face activities suspended  
until end of May**

**Portfolio of virtual activities  
increased**



# Update in days of COVID-19



**Face to face activities suspended until end of May**

**Portfolio of virtual activities increased**

**Website to share knowledge, access to information, stories, on-line learning**

**Liaise with ELF for patient information**



## COMMUNITY FORUM

The COVID-19 Forum is a dedicated space for ERS members and the wider healthcare community to connect, discuss and share your experiences of COVID-19. To get involved, sign in with your myERS account details and join a discussion.

[JOIN THE DISCUSSION](#)



## IN THE LINE OF DUTY

Healthcare workers on the front lines share their stories of treating and managing COVID-19.

[MORE](#)



## WEBINARS

Expert-led webinars that provide updates on the management of COVID-19 in China, clinical consequences, epidemiology and research potential.

[MORE](#)



## PUBLICATIONS

The latest articles from ERS publications on SARS-CoV-2 and COVID-19. All articles are available via open access.



## RESEARCH SUMMARIES

ERS Respiratory Digests provide summaries of new and significant research, including important early COVID-19 publications.



## PATIENT Q&A

ERS infections experts answered questions sent to the European Lung Foundation by respiratory patients.





## Survey on provision pulmonary rehabilitation

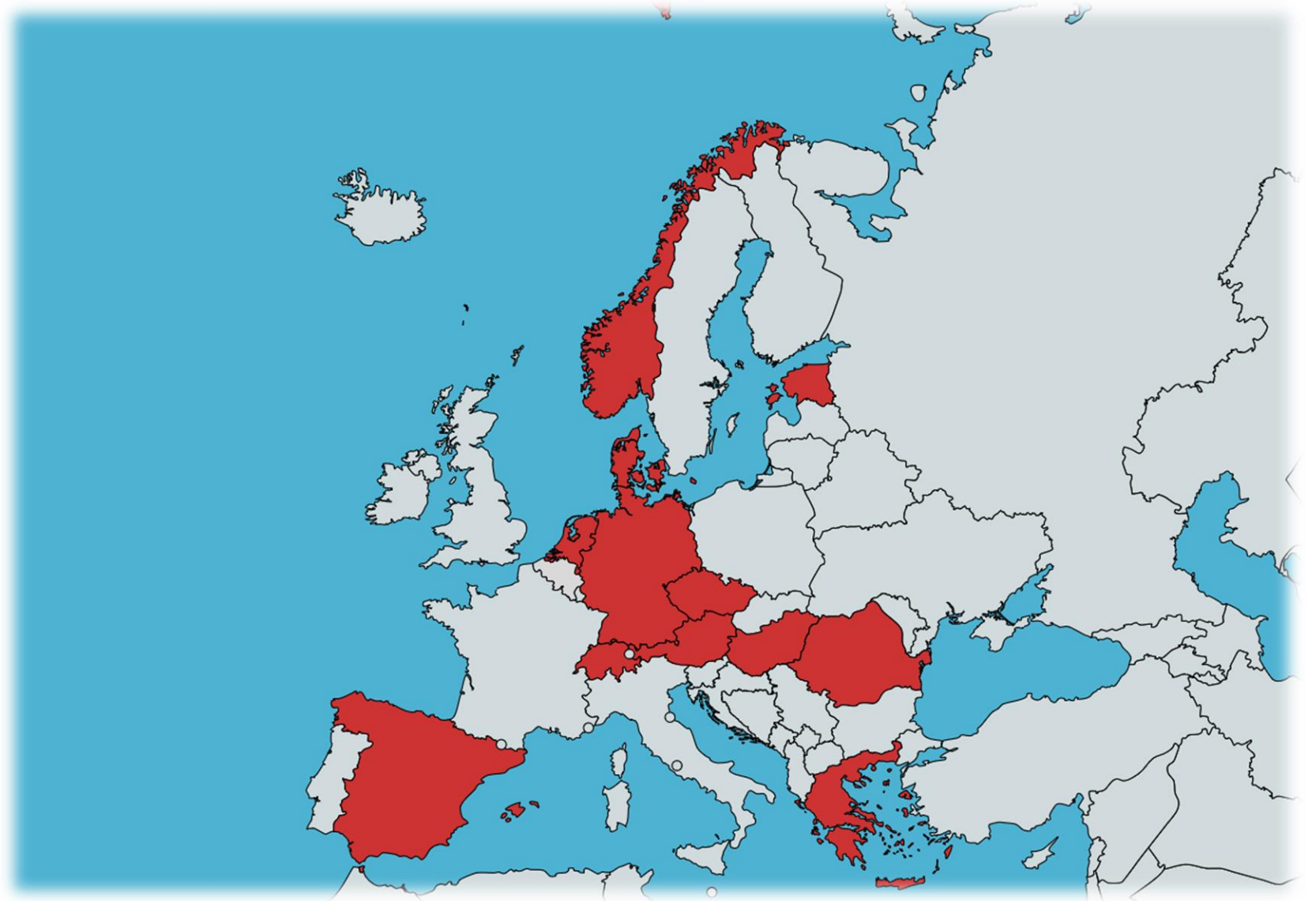
## Survey CERS members

Presidential Workshop “Pulmonary Rehabilitation: making it happen”

- improving access to pulmonary rehabilitation,
  - how best we can achieve its implementation and
  - promoting it as a standard therapeutic option for patients with chronic Respiratory Conditions.
- 
- Survey aims to gather basic information on pulmonary rehabilitation services provided across Europe.

# Responses so far

26 responses (14 Europe)



<https://mapchart.net/europe.html>

# Survey still open

Questions

Responses **26**

## Provision of pulmonary rehabilitation

1. What country are you based in?

Enter your answer

2. Does your country offer services for pulmonary rehabilitation?

☐ Yes

☐ No



# Introduction to the CERS Steering Committee

J. Chorostowska-Wynimko, ERS Secretary General



## Elections results

- **Austrian Society of Pneumology**
  - Prof. Dr. Ernst Eber
- **German Respiratory Society**
  - Dr. Benjamin Waschki
- **Hellenic Thoracic Society**
  - Dr. Vasilios Tzilas



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## ERS Satellites

T. Troosters ERS President



# ERS

# Satellites

The ERS satellites event was created to allow large audiences to come together on-line to access high quality education.

The aim of the initiative to reduce the burden of travel, accommodation and time normally associated with educational events.

Registration for the event is free and allows access to HCPs who might never have been able to afford to access such education.

The product is designed for online viewers, it is an engaging, interactive and highly polished product.

The online product is designed to be flexible, allowing viewers to opt to watch parts of the event live and catch up on sessions missed by using the replay service.



SATELLITES OVER  
**2** DAYS & **4** TOPICS



**4 CITIES** BUCHAREST, BRUSSELS,  
HAMBURG, ROME

In 2020 the event was over two day and covered the topic of

COPD

Asthma

Lung Cancer (Lung Cancer Screening)

Respiratory Infections

**2200** EXPERTS  
REACHED

*from*

**103** COUNTRIES

AVERAGE  
SESSIONS  
PER EXPERT

**3**



**324**

QUESTIONS SUBMITTED



**1<sup>H</sup> 05<sup>MIN</sup>**

AVERAGE LENGTH  
OF A SESSION

The average total watch time of the 2200 participants was over 3 hours.

The event is truly global and has very large potential

Questions submitted were of an exceptionally high quality for such an event



# TOP 20 COUNTRIES



INDIA  
UK  
ROMANIA  
GREECE  
GERMANY  
BELGIUM  
SWITZERLAND  
ITALY  
FRANCE  
SPAIN

DAY 1	DAY 2
281	222
190	96
79	37
57	41
44	23
42	22
39	19
38	25
31	14
28	10

PORTUGAL  
USA  
BRAZIL  
UNITED ARAB EMIRATES  
AUSTRALIA  
NETHERLANDS  
TURKEY  
UKRAINE  
IRELAND  
POLAND

DAY 1	DAY 2
23	17
19	11
18	11
16	2
15	10
15	7
15	10
15	17
14	12
11	6

# With the endorsement of

I T S  
ITALIAN  
THORACIC  
SOCIETY



AIPO  
ASSOCIAZIONE  
ITALIANA  
PNEUMOLOGI  
OSPEDALIERI



Deutsche Gesellschaft für Pneumologie  
und Beatmungsmedizin e.V.



With the financial support of





What can we achieve together?





# ERS | Satellites

2021

Award the opportunity to host the satellite to two national Societies

## **Conditions**

Capacity to work with ERS organizing team up to and including the event.

Responsibility of filling the room with HCPs (approx. 50)

Agree to help disseminate promotional messages regarding the event to those that would like to join online





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Society presentations



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## Chinese Thoracic Society

J. Qu, Chinese Thoracic Society President



# ERS SRP – Romanian Experience and Lessons

Florin Mihălțan, Ruxandra Ulmeanu, Gisela Farcaș

March 24, 2020 – Lausanne, Switzerland

## GOOD THINGS

*A country from East Europe is for the first time in this ERS circuit*

*It's the easiest modality to access novelties and to exchange scientific informations*

*Strong international participation and good interaction with other participants from other countries*

## WHAT WAS WRONG AND IT IS NEEDED TO BE ADJUST

*Chairmens better choosed to avoid discontinuities*

*Passivity of some people present in the room*

*Media release and coverage before and in time of the event in every country implicated was weak*

*Media coverage post event weak*



*The Romanian Society of Pneumology had supported the participation of young doctors (under 40 years), well english speakers, encouraging an interactive dialogue during ERS Satellites Symposium 2020 sessions.*

*The sponsorship included the registration fee (30 euros), the travel costs and acommodation (if necessary) for the participants who must were present in the event hall of Novotel Bucarest City Centre during all sessions.*

*17 young doctors benefited from SRP sponsorship*

*10 young doctors benefited from the reimbursement of travel and accommodation costs*

*1 young doctor was from Chisinau, Moldavian Republic*



*Almost 50 onsite participants*

*most of them pulmonologists, but  
also a thoracic surgery specialist  
doctor*

## Feedback

*The majority expressed  
enthusiasm and satisfaction over  
the interactive ERS Satellites  
Symposium experience.*

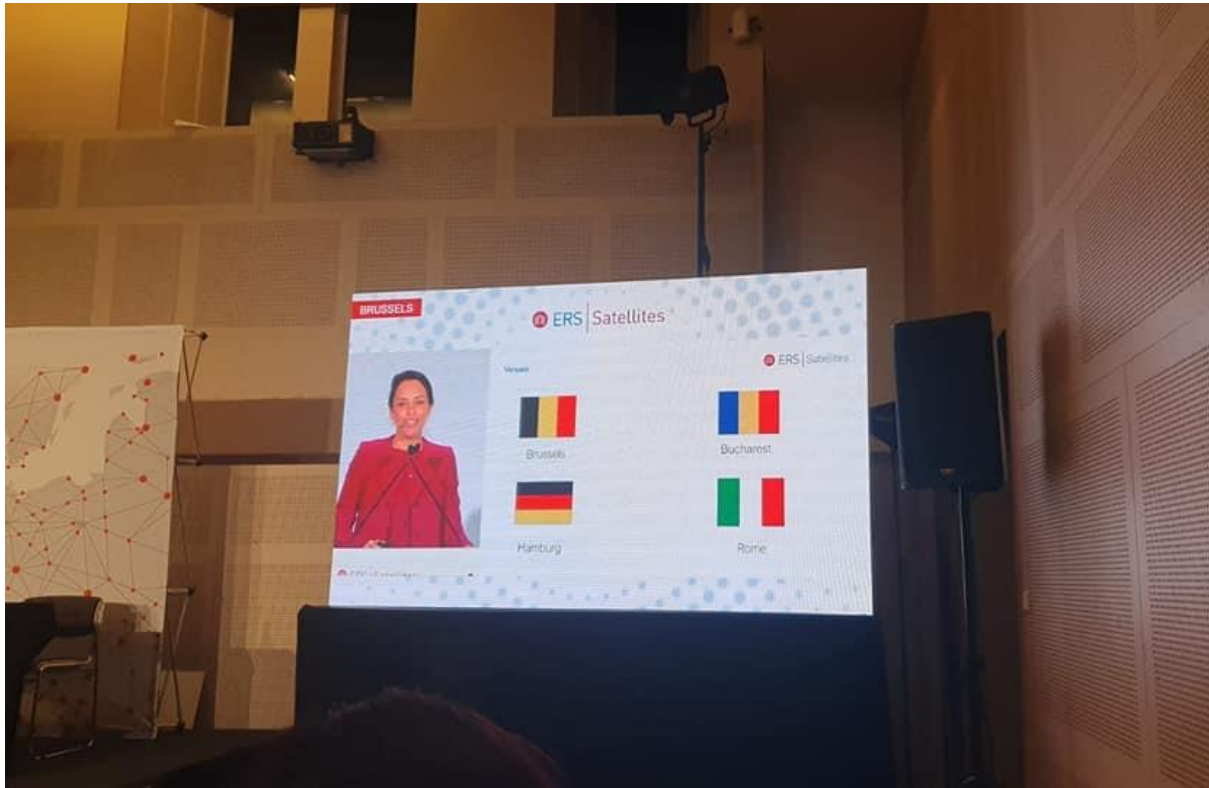
*Participants were excited about  
the online learning experience and  
view it as an opportunity to learn  
something new and expand their  
knowledges.*







ERS Satellites Symposium  
20 - 21 February, 2020  
Bucharest, Romania



ERS Satellites Symposium  
20 - 21 February, 2020  
Bucharest, Romania

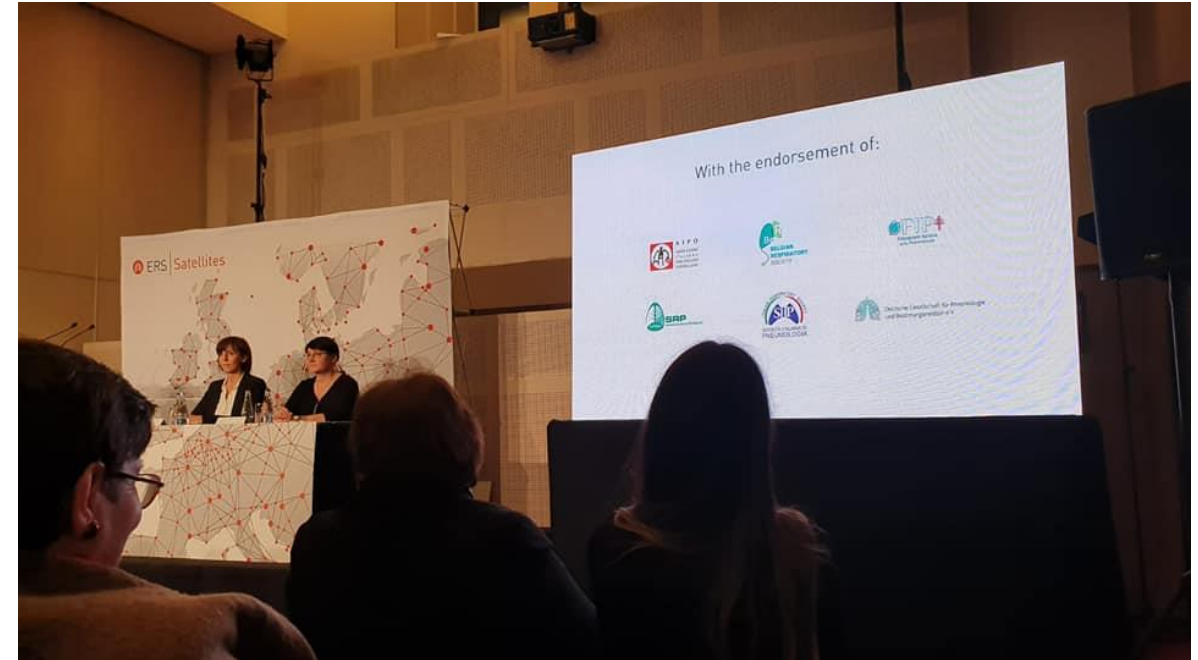


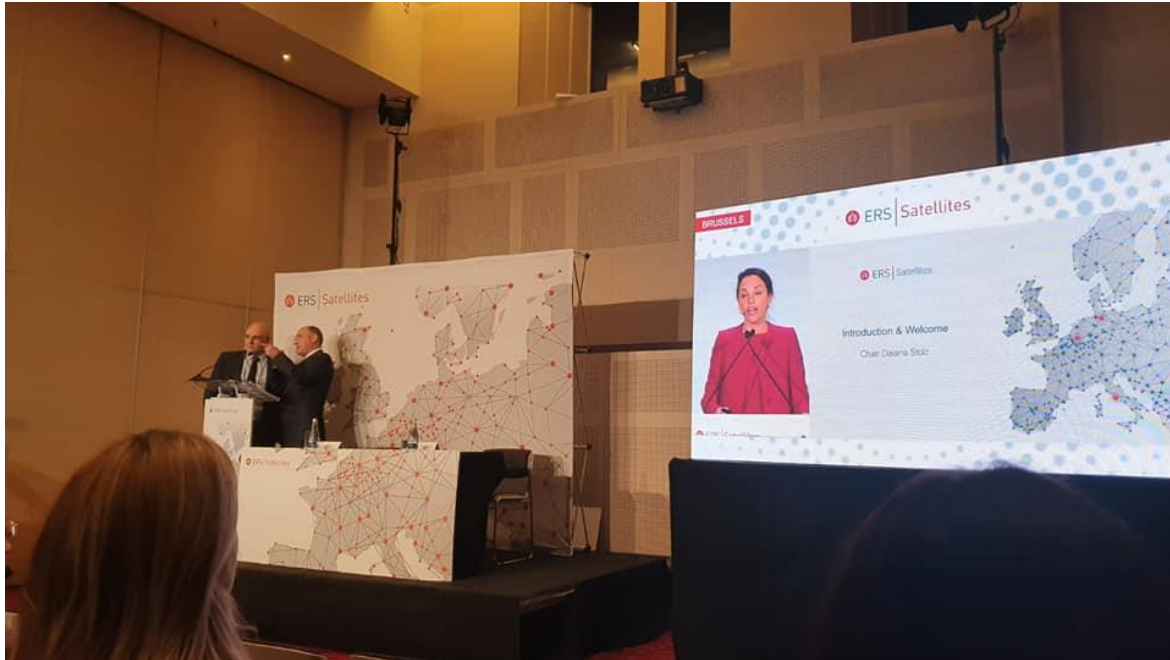


ERS Satellites Symposium  
20 - 21 February, 2020  
Bucharest, Romania











## Romanian participants

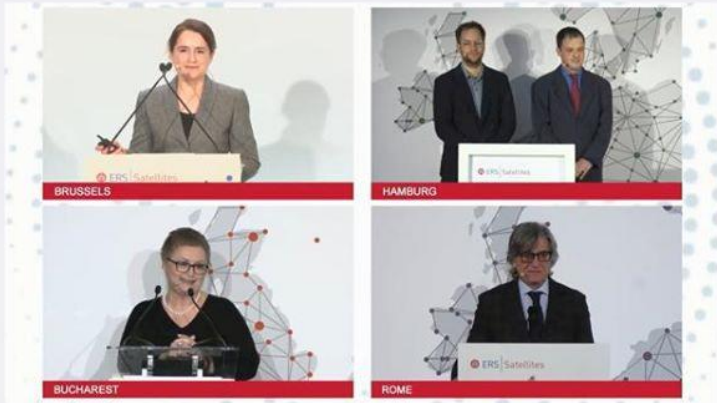


ERS Satellites Symposium  
20 - 21 February, 2020  
Bucharest, Romania



≡  ERS | Satellites

LIVE WEBCAST

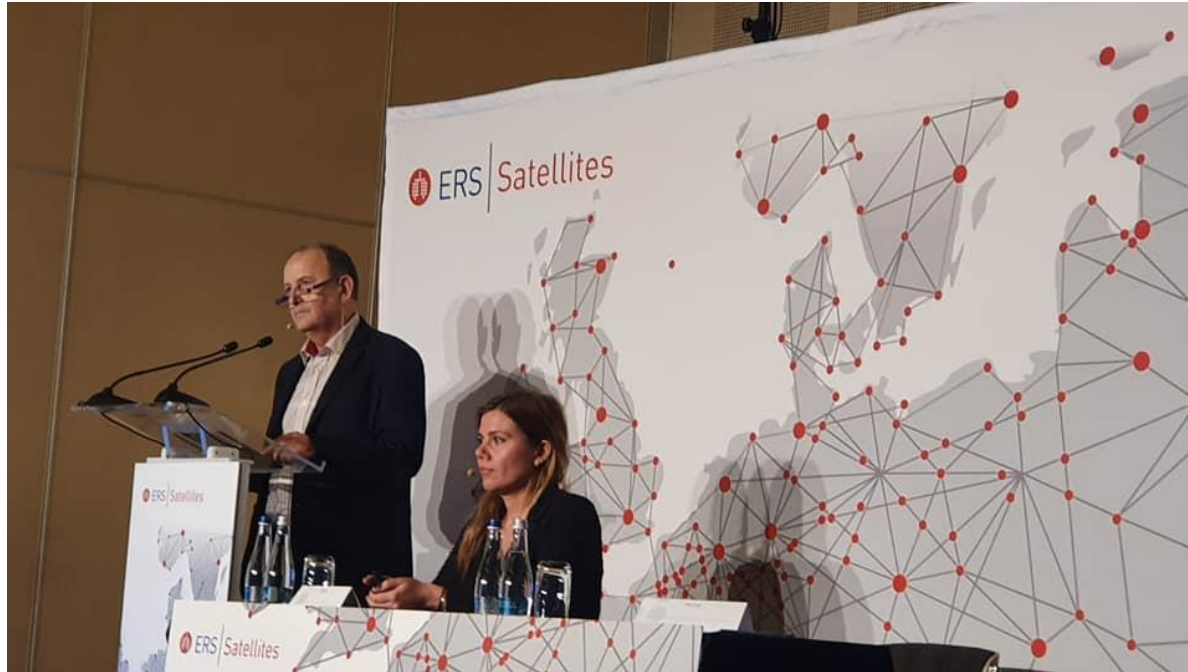


The live webcast interface displays four video feeds in a 2x2 grid. Each feed shows a speaker at a podium with the ERS Satellites logo. The feeds are labeled: BRUSSELS (top left), HAMBURG (top right), BUCHAREST (bottom left), and ROME (bottom right). The background of the feeds features a network diagram with nodes and connecting lines.

✉ Contact the ERS team by Email









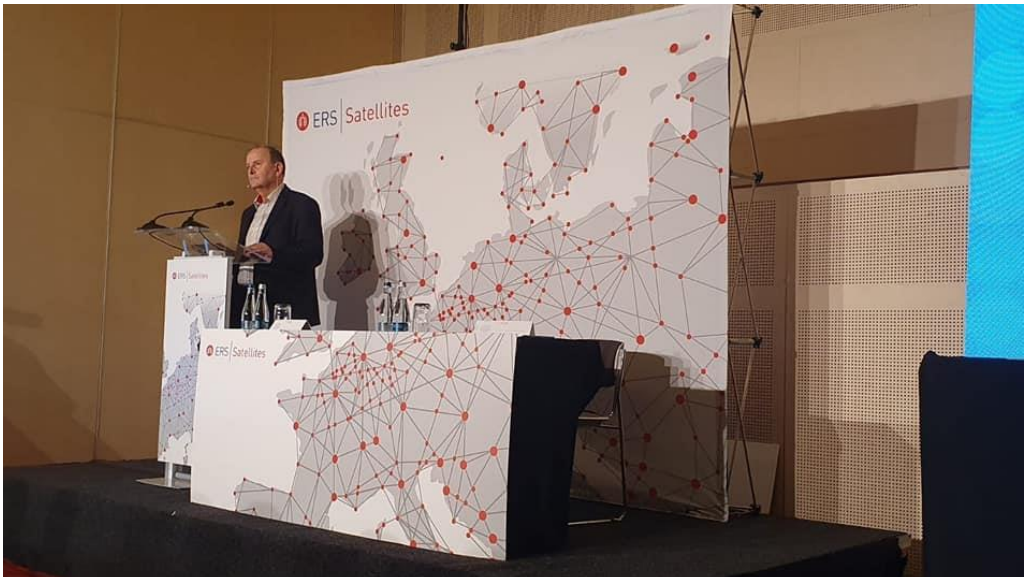
ERS Satellites Symposium  
20 - 21 February, 2020  
Bucharest, Romania













## Romanian Lessons Learned at this occasion

It's necessary for youngs that every national society of pneumology create some supplemental financial facilities

It's important to promote the event in the local media for raising interest of other specialities (here you can see what was published in a general medical journal in our country)

We promote the event also to the Thoracic Surgeon Romanian Society and it had few surgeon in our meeting (it is a new start)





## Proposals

- To make offers to other societies and specialities for the next ERS meetings
- To choose more topics with interactive open windows for comorbidities at the borderline of specialities
- To create a post event facebook or site for answering to the questions unanswered at the moment of the ERS Satellites Event
- To generate pro –con discussion and presentations with more interactivity from the audience

To update the scientific informations

- EVALI DISEASE  
CORONAVIRUS INFECTIONS



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## External relations

J. Chorostowska-Wynimko, ERS Secretary General



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## ERS and CoV-19 crisis

**Until end of May 2020, all ERS events and meetings are either:**

- **Cancelled**
- **Postponed**
- **Organised online**

**Information and updates:**

- **Direct emails to delegates, faculty, members and organisers**
- **ERS website**
  - Homepage
  - Specific event page



## Link on ERS website homepage

### Resources and information:

- COVID-19 and ERS events
- Webinars
- Publications
- Research summaries
- Patient Q&A
- Case collections
- Webcasts
- Blog
- Forum

#### COVID-19: information and resources

The 2019 novel coronavirus (SARS-CoV-2) outbreak and spread of the associated disease (COVID-19) is a rapidly evolving situation. To manage the threat of continued SARS-CoV-2 infection and the risk to public health caused by COVID-19, health professionals need up-to-date information and guidance on global surveillance, infection control measures and identifying and caring for people with COVID-19.

This resource area brings together information about the outbreak and COVID-19 content from ERS and ELF as it is published. All content listed on this page is free to access.



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[JOIN THE DISCUSSION](#)



##### IN THE LINE OF DUTY

Healthcare workers on the front lines share their stories of treating and managing COVID-19.

[MORE](#)



##### WEBINARS

Expert-led webinars that provide updates on the management of COVID-19 in China, clinical consequences, epidemiology and research potential.

[MORE](#)



##### PUBLICATIONS

The latest articles from ERS publications on SARS-CoV-2 and COVID-19. All articles



##### RESEARCH SUMMARIES

ERS Respiratory Digests provide summaries of new and significant



##### PATIENT Q&A

ERS infections experts answered questions sent to the European Lung Foundation by

# CoV-19 outbreak: ELF



- Readily available resources for patients
- Resources being translated in different languages

The screenshot shows the homepage of the European Lung Foundation (ELF). The header includes the ELF logo, a search bar, and a "DONATE" button. The navigation menu has links for Home, About us, Lung disease & information, Projects & research, Get involved, News & events, and Contact. A secondary menu below it includes News, Events, Media Centre, and Newsletter. The main content area features a "PRESS ENQUIRIES" section with contact details, a Creative Commons license notice, and a "News" section with a link to a quiz. The right side of the page highlights a "COVID-19 – YOUR QUESTIONS ANSWERED BY A RESPIRATORY EXPERT" article dated 16.03.2020, which includes a photo of a woman and a list of advice for people with lung conditions.

ENGLISH

ELF EUROPEAN LUNG FOUNDATION

Search\_

Home About us Lung disease & information Projects & research Get involved News & events Contact

News Events Media Centre Newsletter

PRESS ENQUIRIES  
+44 114 267 2876  
press@europeanlung.org

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▲ News

Could your workplace be affecting your lung health? Try our new online quiz

16.03.2020

### COVID-19 – YOUR QUESTIONS ANSWERED BY A RESPIRATORY EXPERT

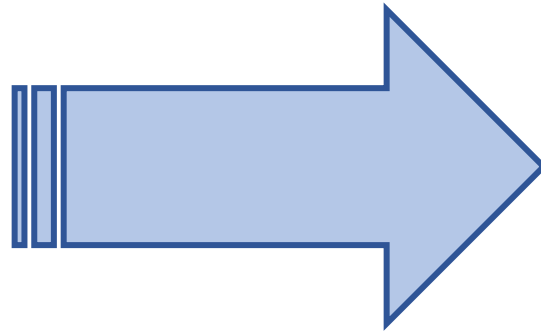
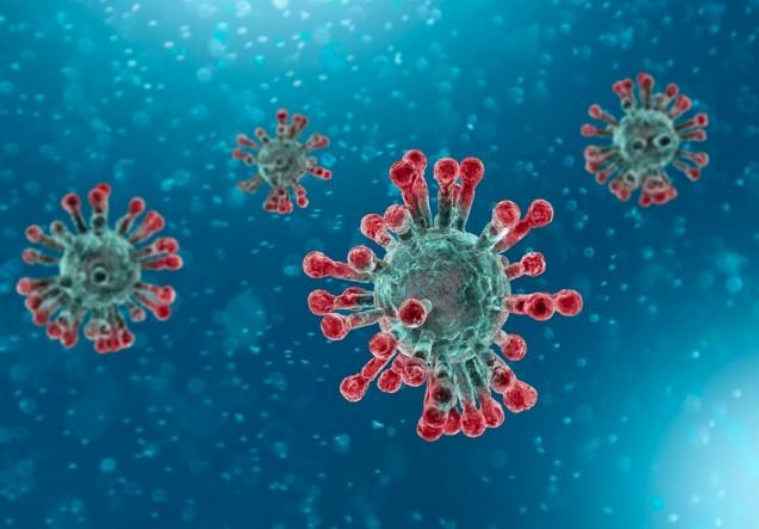
We took your questions and spoke with an infectious diseases expert from the European Respiratory Society (ERS), Professor James Chalmers [1]. This will give you up-to-date and respiratory-specific information about COVID-19. If you have any other respiratory health questions relating to the outbreak please get in touch [info@europeanlung.org](mailto:info@europeanlung.org)

#### Summary of advice for people with lung conditions

- Ensure you have enough supplies in the house for a few weeks, in case you become unwell or need to self-isolate. This includes food, medications and household items.
- Keep away from others who are sick, both when inside and outside, and ask anyone who has symptoms not to visit.
- Avoid crowds or large gatherings.

## Develop a research and education fund

- **Projects to develop under discussion**
- **Discussions with industry partners for their financial support**

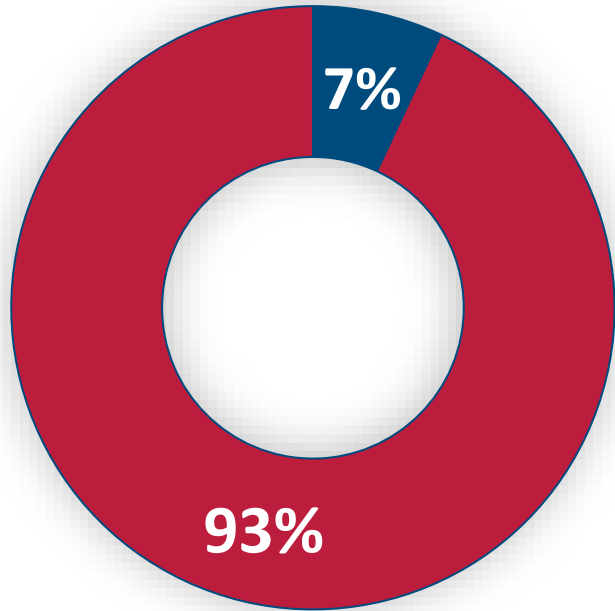


- Endorse the **MASK-COVID** app for coronavirus screening (will be ready in approx. 2 weeks)
- Support data collection initiatives
- Encourage the exchange on ongoing trials
- Highlight importance of long-term patient follow up data



# Membership report

**Total members: 37,576**



■ Direct members ■ IMC members

**181 countries represented**

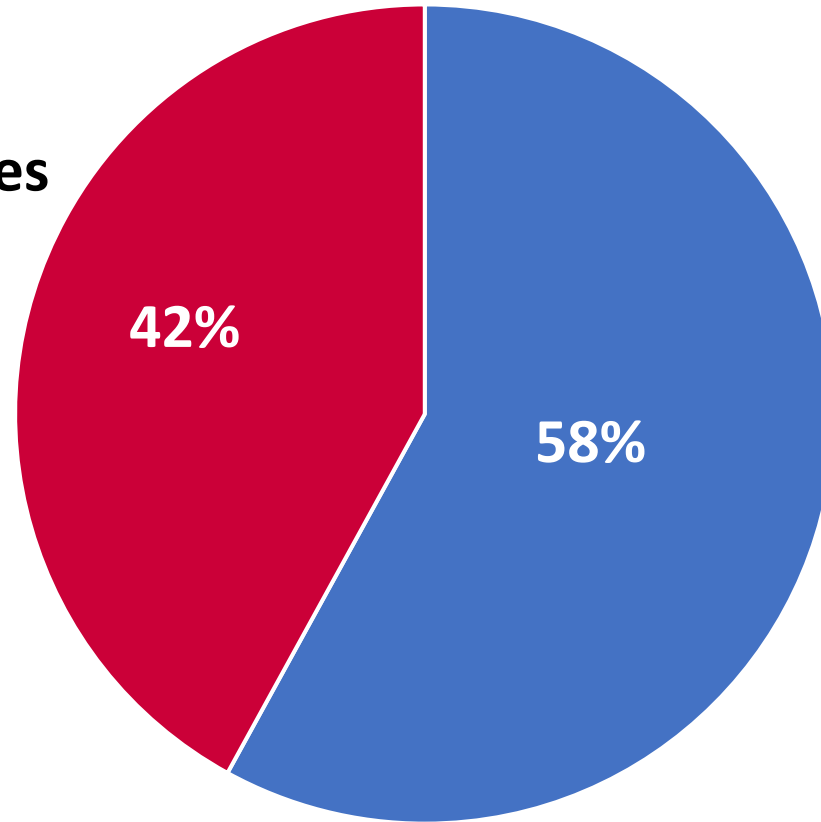
**107 partnership agreements**

**97 membership-based agreements**

# Member distribution per assembly

**23,174**  
members in assemblies

- Members in assemblies
- Members not in assemblies



**Encourage the natural link  
between national society  
assemblies and ERS Assemblies**



**Partner society agreement renewal**





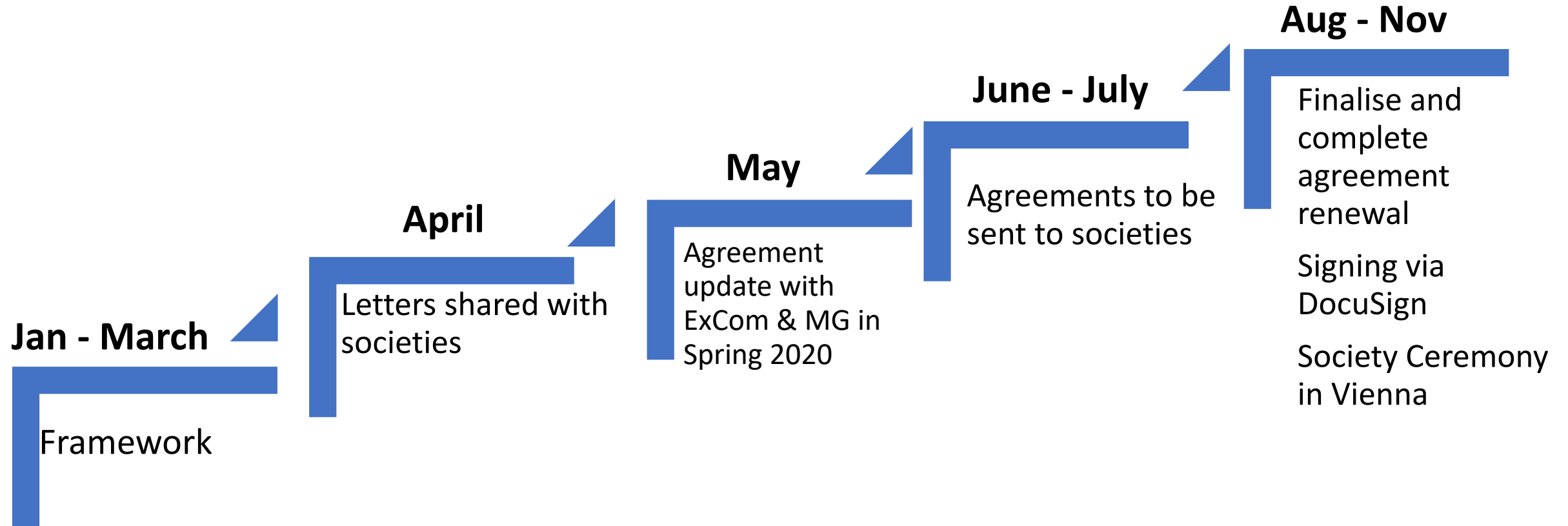
- ERS has **97** membership-based agreements around the world
- Many societies will renew their membership agreement in 2020 and 2021
- Large expansion of members since 2015
- Discounted rate for members coming via a partner society

# Agreement renewal

- How do we envision the structure of future agreements?
- What aspects of the 2025 strategy will be incorporated into the agreements?



# Agreement renewal process



- **Simplified** and **streamlined** agreement terms
- Explicit **GDPR** clause for EU agreements
- Update agreements with **€30** membership fee
- Members **over 65 years old** continue to have **free** membership



**In 2019 the institutional membership fee was raised to €30 by the ERS General Assembly**

- **Value:** Joint members via a society enjoy benefits **equivalent** to Gold membership. Total **discount of 80%** from Gold **€170** rate
- **Societies** can take **advantage** of joint **activities** with ERS
- Committed to a fee that is **affordable** and **accessible**
- Discounts on **publications** and **activities**

- Understanding that partner societies may have limitations and constraints with resources (human, content and financial)
- Opportunity for societies to use ERS resources (advocacy, ELF and HLfL) to disseminate and translate



## Society resources and joint activities

# Society resources and joint activities

**Collaboration** on  
the advancement of  
respiratory health

**Create** value  
for members



**Share** knowledge and  
resources

**Support** societies with  
national initiatives

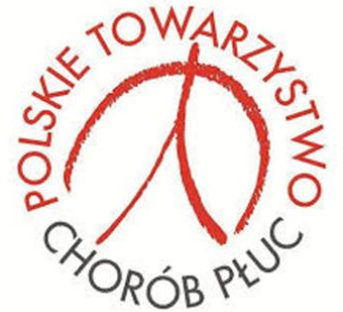


# Masterclass and advocacy capacity building workshop



**25<sup>th</sup>-26<sup>th</sup> November, Warsaw, Poland**

- Joint event with ISEE/Polish Respiratory Society and the National Institute of Tuberculosis and Lung Diseases in Warsaw
- Under the auspices of the European Commission
- Possibility for societies to do similar initiatives



# DAY 1: masterclass

- Presentation of the latest scientific evidence on the health effects of air pollution in Poland
- Focus on communication with policy makers and society



# DAY 2: advocacy capacity building workshop

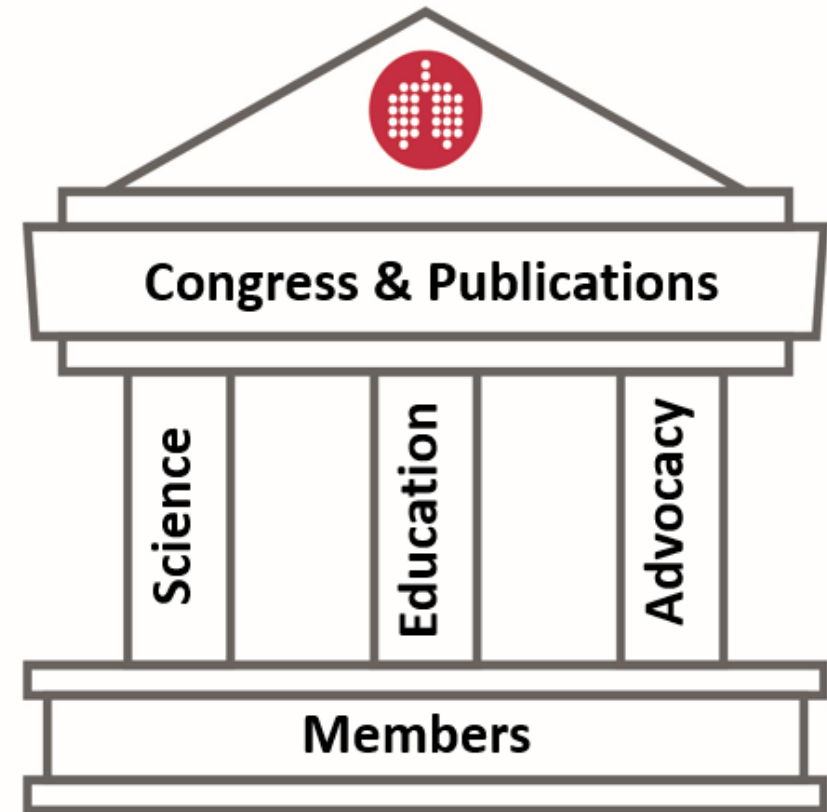
- Aimed at strengthening the capacity of health care professionals to tackle air pollution while engaging with national and local authorities, medical societies and NGOs
- Dedicated to clinicians, researchers, medical students, national and local authority officials and civil society representatives interested in improving their advocacy skills
- Activities included role playing and advocacy planning







- Centralise the portfolio of activities in the **ERS Catalogue of products and services**.
- Building upon core pillars of **advocacy, education, and science**, the catalogue showcases a wide range of activities available.



- Foster **development** for **societies** and **members**.
- The activities in the catalogue are intended to **strengthen outreach** and are **scalable** on a national society level.
- The catalogue has been tailored in a way that **activities** can be delivered **during society congresses** or **independent stand-alone events**.

**Catalogue can be found on the CERS website**



## Gender balance initiative



- Women make up **half** of **medical school graduates**
- Continued underrepresentation within the global physician workforce across all specialties
- Often face barriers to career advancement and equality in the workplace



# Gender balance

- A dedicated **working group** was set up in April 2019 to make recommendations to ERS leadership
- The group have developed **20 measurable key performance indicators** to be reviewed by Vienna 2020
- The **20 KPIs** are classified into **5 groups**





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## Joint opportunities in Education

D. Stolz, ERS Education Council Chair

# ENGAGE study phase II

- Evaluating national goals and activities in respiratory education (ENGAGE) study
- **ENGAGE phase II questionnaire is currently open**
- **The project aims to learn about how members continue their professional development and how ERS and national societies could help to support them in this**
- **Calling for input from respiratory physicians who qualified five or more years ago**

## COMMUNICATION

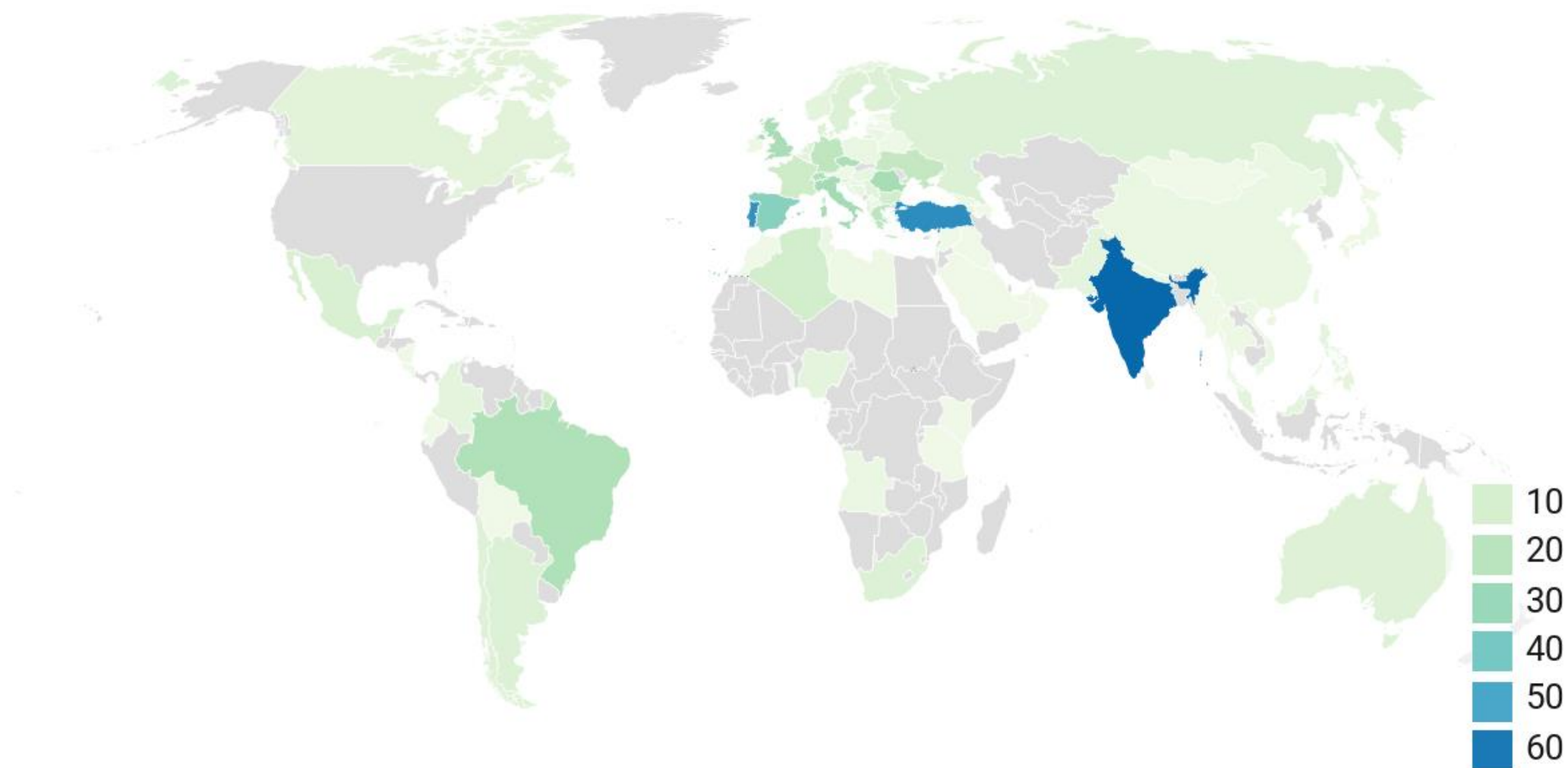
As part of the ENGAGE study (Evaluating National Goals and Activities in Respiratory Education), ERS would like to know how you keep up-to-date and develop your skills in respiratory medicine.

If you are a respiratory physician who qualified five or more years ago, we are interested to learn about how you continue your professional development and how ERS could help to support you in this.

Complete the short survey before **31 March, 2020** and you can enter a prize draw to win a free registration for the **ERS International Congress 2020**.

**Submit a response to the ENGAGE survey**

For further information please contact: [education@ersnet.org](mailto:education@ersnet.org).





## How long has it been since you finished training?

Less than 5 years	16%
-------------------	-----

5 - 9 years	23%
-------------	-----

10 - 14 years	19%
---------------	-----

15 - 19 years	11%
---------------	-----

20 years or more	30%
------------------	-----

## How would you best describe your workplace?

University hospital	54%
---------------------	-----

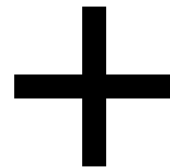
Large unit	25%
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Small unit or solitary practice	20%
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Paediatrician in a respir. unit	1%
---------------------------------	----



- By completing the [short survey](#) before 31 March respondents can enter a prize draw to win a free registration for the ERS International Congress 2020



- If enough members from your country participate we will be able to analyse and share the data at a country level

# HERMES Examination in Kolkata 2019



**ICS will deliver the 2<sup>nd</sup> HERMES examination in November 2020**

# Examination pass rates in Kolkata and Madrid 2019

	<i>Kolkata, India</i> (P/F limit: 57.0%)	<i>Madrid, Spain</i> (P/F limit: 57.0%)
<b>ATTENDED</b> (all categories)	<b>196</b>	<b>174</b>
<b>ATTENDED</b> (diploma only)	<b>196</b>	<b>163</b>
<b>PASSED</b> (diploma only)	<b>150</b>	<b>133</b>
<b>%</b> (diploma only)	<b>76.5%</b>	<b>81.6%</b>



# 2019 Kolkata Examination Feedback update:

## Survey results summary



### Motivation to sit the exam

- Self-assessment & knowledge update
- Recognition & CV improvement
- Improve employability
- Get HERMES Diploma
- Recommended/encouraged by others
- Test knowledge against European standards

**90/98** participants consulted the ERS Handbook for exam preparation

**42/103** attended the HERMES preparation course in India

**34/43** felt the course benefitted them after taking the exam

### Content feedback (MCQs, booklet)

- Image quality continues to be an issue (X-rays, CT images)
- Length of examination
- Make the exam computerised



# Translation of HERMES Examinations we are ready - are you?

- ERS is ready to translate the ERS HERMES examination in respiratory medicine into other languages
- **Criteria for translations:**
  - Number of potential participants to seat the exam
  - Commitment from the national society
  - Recognition of the HERMES exam nationally





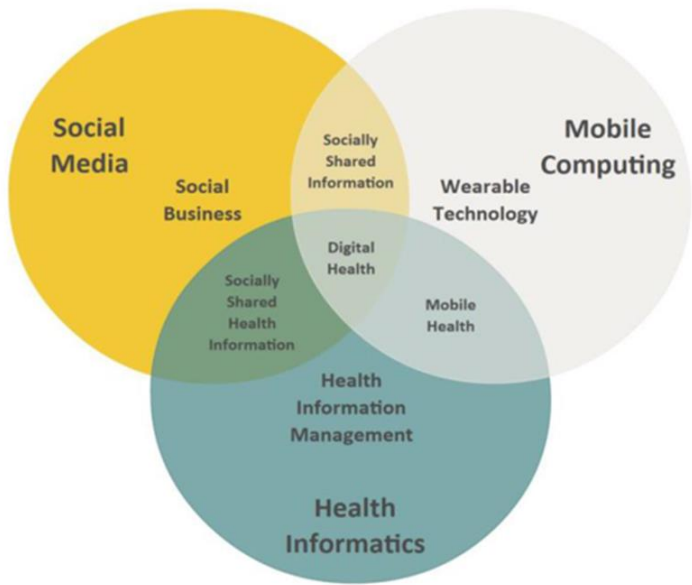


# European Lung Foundation

Kjeld Hansen – ELF Chair Elect



# New ELF Chair: Kjeld Hansen



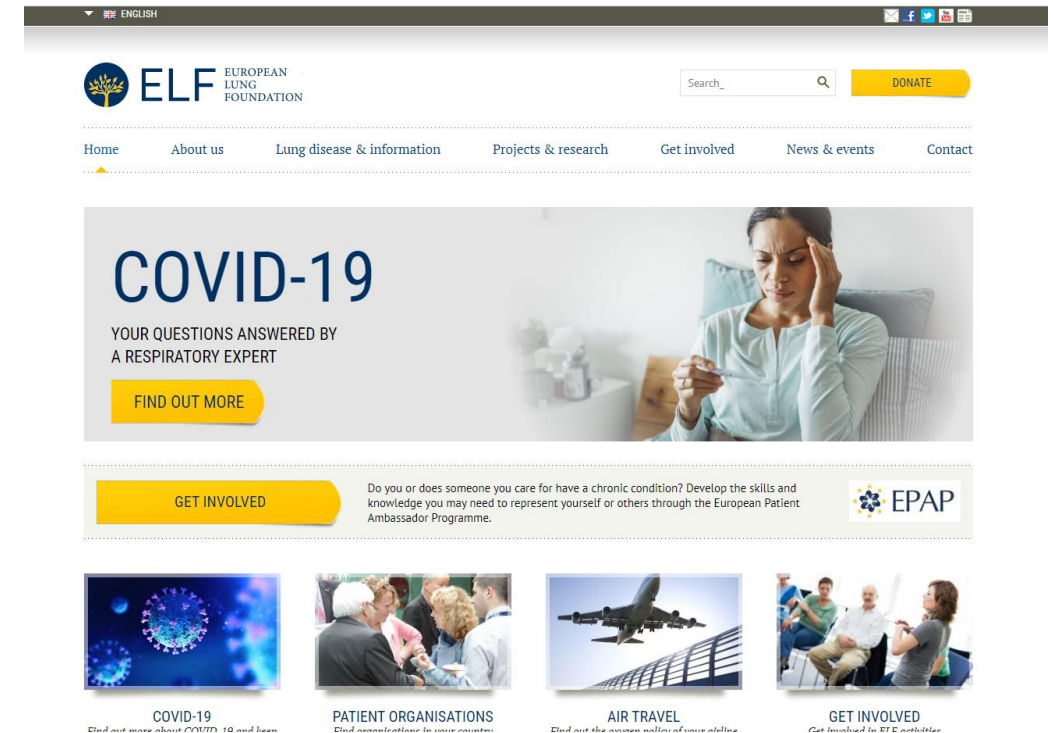
2012  
Olaf Tufte & World Spirometry Day lung champions

Norwegian Olympic rowing champion, Olaf Tufte and the World Spirometry Day Lung Champions in recognition of their dedication to exercise and sport despite living with lung conditions.



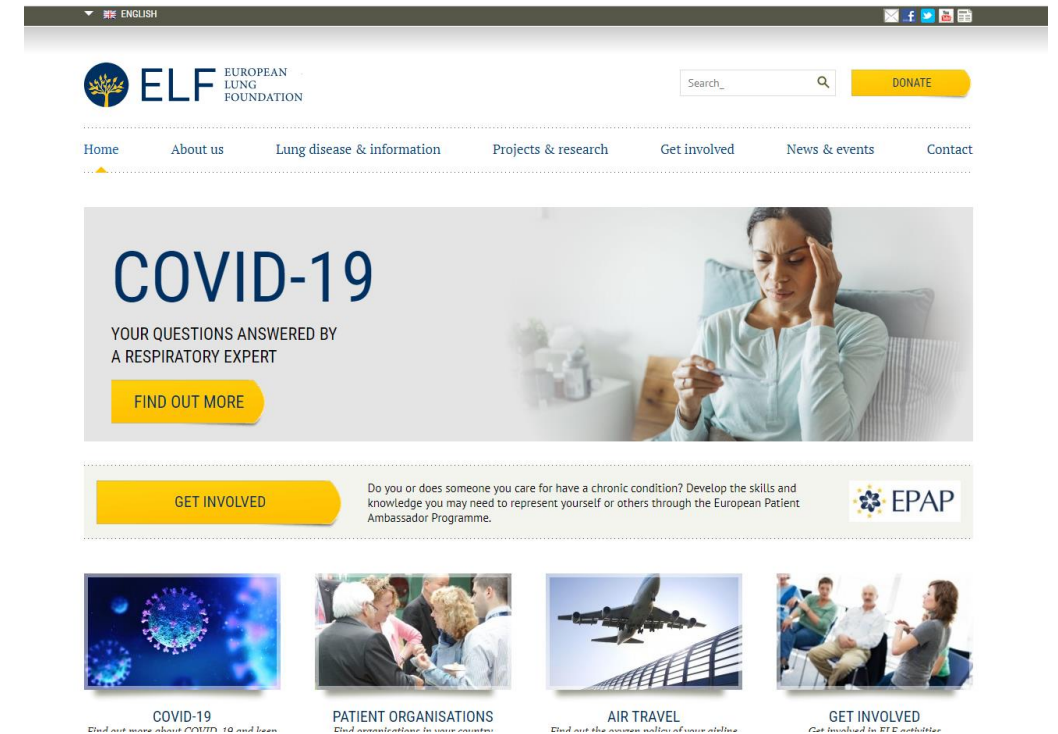


- Q&A on ELF website
- Questions from patients and answered by respiratory professionals
- Available in: French, German, Italian, Spanish, Polish, Russian, Turkish, Portuguese and Greek
- Updated twice weekly in English and once a week in other languages
- Will start lay review of latest COVID research



# COVID-19: traffic

- **TOTAL 67,930 visits**
- **TOP 10 countries:**
  - United Kingdom
  - United States
  - Canada
  - Spain
  - Germany
  - Australia
  - Greece
  - Portugal
  - Ireland
  - Italy




# COVID-19: how can we work together?

- Do you have questions you need answering?
- Are you interested in translating into any other languages?

[News](#) [Events](#) [Media Centre](#) [Newsletter](#)

PRESS ENQUIRIES  
+44 114 267 2876  
[press@europeanlung.org](mailto:press@europeanlung.org)

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▲ News

Could your workplace be affecting your lung health? Try our new online quiz

16.03.2020


## COVID-19 – YOUR QUESTIONS ANSWERED BY A RESPIRATORY EXPERT

We took your questions and spoke with an infectious diseases expert from the European Respiratory Society (ERS), Professor James Chalmers [1]. This will give you up-to-date and respiratory-specific information about COVID-19. If you have any other respiratory health questions relating to the outbreak please get in touch [info@europeanlung.org](mailto:info@europeanlung.org)



Summary of advice for people with lung conditions

- Ensure you have enough supplies in the house for a few weeks, in case you become unwell or need to self-isolate. This includes food, medications and household items.
- Keep away from others who are sick, both when inside and outside, and ask anyone who has symptoms not to visit.
- Avoid crowds or large gatherings.
- Avoid cruise travel and non-essential air travel.
- Practice regular hand hygiene by washing with hot water and soap for 20 seconds at a time.
- Do not touch your mouth, nose and eyes with unwashed hands.
- Keep up with your regular treatments.
- If COVID-19 levels are high in your locality, stay at home as much as possible.



+ GENERAL


+ TRAVEL


+ CHILDREN


+ QUESTIONS ABOUT SPECIFIC RESPIRATORY CONDITIONS


+ FUTHER INFORMATION


Materials are available in these languages:


 [French](#)


 [German](#)


 [Italian](#)


 [Spanish](#)

 [Polish](#)

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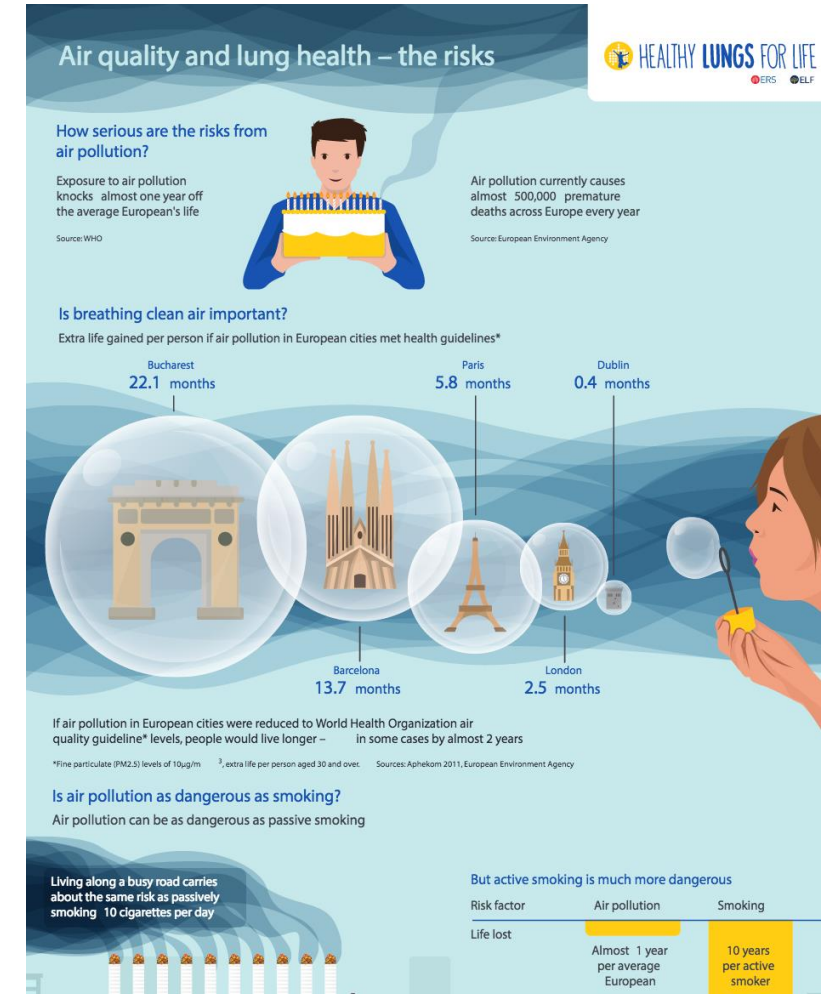
ELF

Informing patients and the public

DOES YOUR SOCIETY PROVIDE ANY  
MATERIALS FOR PATIENTS?



- Co-produced with professionals and patients
- Scientifically accurate
- Answering the questions patients want answered
- New factsheets produced every quarter
- Reviewed every 3 years



# Latest factsheet: harm reduction

## E-cigarettes, heat-not-burn and smokeless tobacco products

Nicotine-containing products, such as e-cigarettes and heat-not-burn products, are becoming increasingly popular as an alternative to cigarettes.

This factsheet looks at the different products available and considers whether using these products is safe for the lungs.

### E-cigarettes



An e-cigarette is a battery-operated device that allows the user to breathe in nicotine through a vapour. They are sometimes referred to as Electronic nicotine delivery systems (ENDS) and this term also includes devices such as vapes, e-hookahs, e-pipes and e-cigars. These devices work by heating a liquid so that it turns into a vapour for the user to inhale, or 'vape'. Although the vapour may look like steam, it does not contain any water. The liquid is made from chemicals called propylene glycol and/or

glycerine, and it can have different flavours and different amounts of nicotine, which the user can select. Unlike traditional cigarettes, the devices do not contain tobacco.

#### How safe are e-cigarettes?

Research into the safety of e-cigarettes is complicated as there are differences between devices and the way people use the devices. Also e-cigarettes are constantly changing with new devices emerging; there are currently hundreds of brands and thousands of flavours available. As the products are relatively new, there are no long-term studies yet looking at the impact of e-cigarettes across someone's lifetime. Diseases caused by smoking can take 30-50 years to develop and e-cigarettes have only been in widespread use since the early 2000s. This means that their long-term safety is not yet known.

Tobacco is toxic and contains toxins that are capable of causing cancer in all forms. The World Health Organization considers that all forms of tobacco use are harmful, including heat-not-burn products and smokeless tobacco.

### Tobacco harm reduction strategies

This factsheet has given a summary of the evidence available on the safety of products that claim to reduce the amount of harm for users compared with traditional cigarettes.

'Tobacco harm reduction' is a phrase that describes an overall approach to reduce the harm caused by cigarette smoking. There is some debate among policymakers whether this strategy should be implemented to help people stop smoking. Some experts believe that reducing the amount of toxins in the body is the most important thing, even if some still remain. Others believe that we should not be recommending the use of products that have any damaging effects, even if they are reduced.

As organisations working in lung health, the advice from the European Respiratory Society (ERS) and European Lung Foundation (ELF), is as follows:

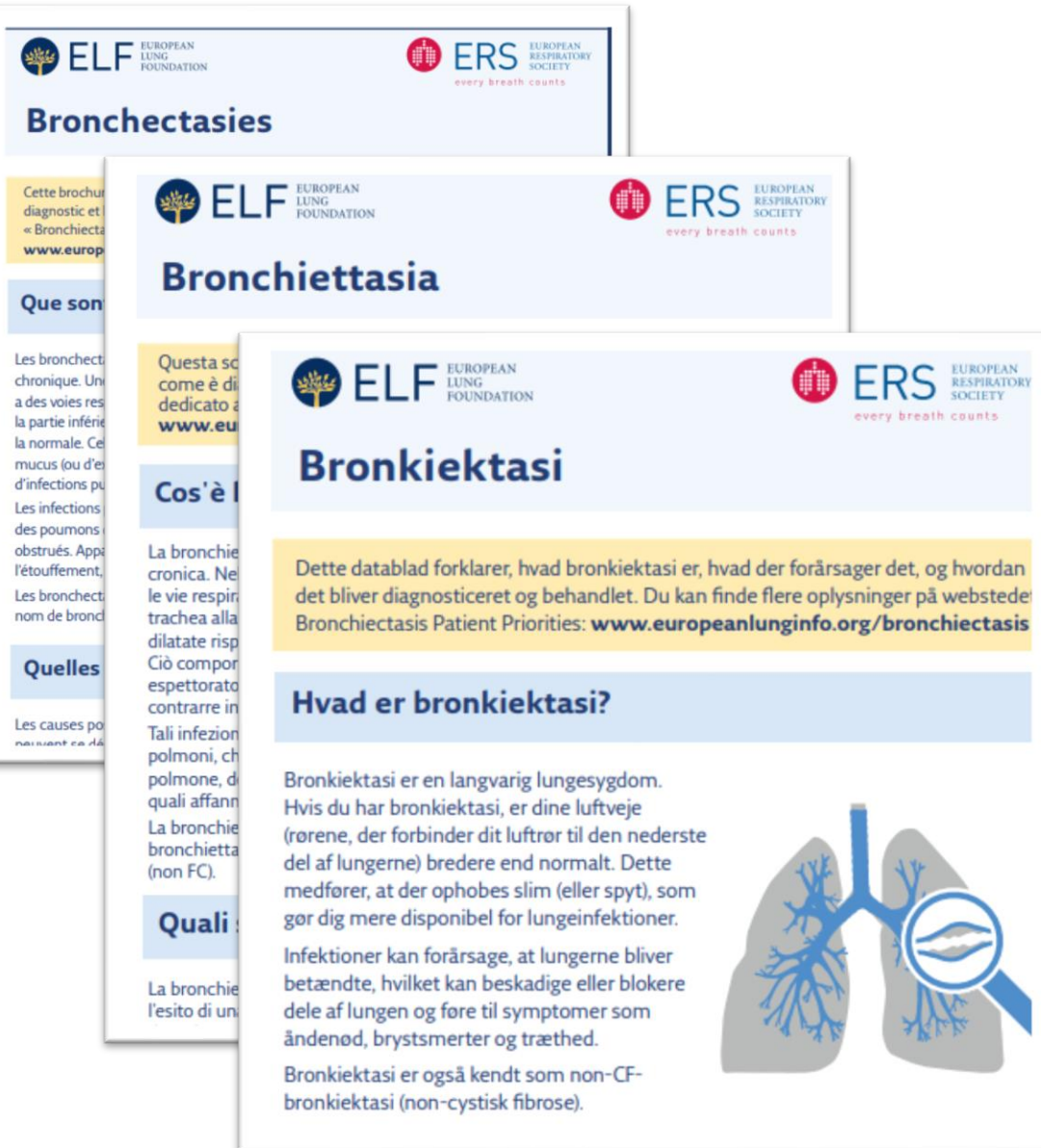
"The human lungs are created to breathe clean air, not toxins and carcinogens, and the human body is not meant to be dependent on addictive drugs. ERS and ELF cannot recommend any product that is damaging to the lungs and human health."

ELF Chair, Isabel Saraiva, does not advocate the use of e-cigarettes and believes the lungs are made for clean air only. She comments: "As an ex-smoker, I understand that it is tempting for people, who think that it will be easier to stop smoking by substituting cigarettes with e-cigarettes. If they had been available when I was trying to stop, I would not have been able to break my addiction to nicotine. Lung are made for clean air and clean air only. I believe e-cigarettes are dangerous, particularly for children. It is my view that the only possible way to quit smoking for good is with professional help from healthcare workers."



Charlotta Pisinger is Chair of the ERS Tobacco Control Committee and clinical professor of tobacco control at Bispebjerg and Frederiksberg Hospital and The University of Copenhagen, Denmark. Professor Pisinger explains the ERS and ELF

# ELF factsheets: languages



- Now translating in up to 29 languages
- 19 core languages

# ELF factsheets: upcoming topics

- **June - Mental wellbeing with a lung condition**
- **Sept - Physical activity infographic**
- **Dec - Lung cancer screening**



# ELF factsheets: how can we work together?



- **Help us to translate or check translations**
- **Promote the factsheets to your members to use with their patients**
- **Suggest topics that would be useful for your members**
- **Work with us on topics of mutual interest**
- **Connect with us:**
  - @europeanlung
  - Facebook.com/europeanlungfoundation
  - ELF newsletter



HEALTHY LUNGS FOR LIFE



ERS



ELF

Helping people breathe better

Pippa Powell





# HLfL grants

- 62 applications from >25 countries
- Will give out 5 grants of 1,000 euro





# HLfL grants – how can we work together?



- **Co-fund some grants for your country**
- **Promote availability of grants**





**Make a difference to the air you breathe where you live**

 **HEALTHY LUNGS FOR LIFE**

ERS ELF

Go to [www.healthylungsforlife.org](http://www.healthylungsforlife.org) for information on how to hold an event





ELF

Involving patients and the public

- **Developing patient groups in different disease areas:**
  - Asthma
  - COPD
  - Lung cancer
  - Bronchiectasis
  - Sarcoidosis
  - Sleep
  - Cough
  - CHILD
  - LAM



# Patient involvement: how can we work together?



- Are there patient organisations in your country that could join our network?
- We are currently recruiting patients for our COPD, cough and paediatric sleep apnoea activities – can you help promote this?
- Do you need training for the patients you are working with in your country?



## Additional business

J. Chorostowska-Wynimko, ERS Secretary General

**Any additional points to be discussed?**

# Next CERS meeting



**ERS International Congress Vienna**

**Monday September 7<sup>th</sup> 2020**

**13:15 – 14:45**

**HQ Krieau 1&2**

**Also available online**



**INTERNATIONAL  
CONGRESS 2020**

VIENNA Austria, 5-9 September