

Biomedical Research Foundation

Activin-A in allergic airway inflammation and remodeling

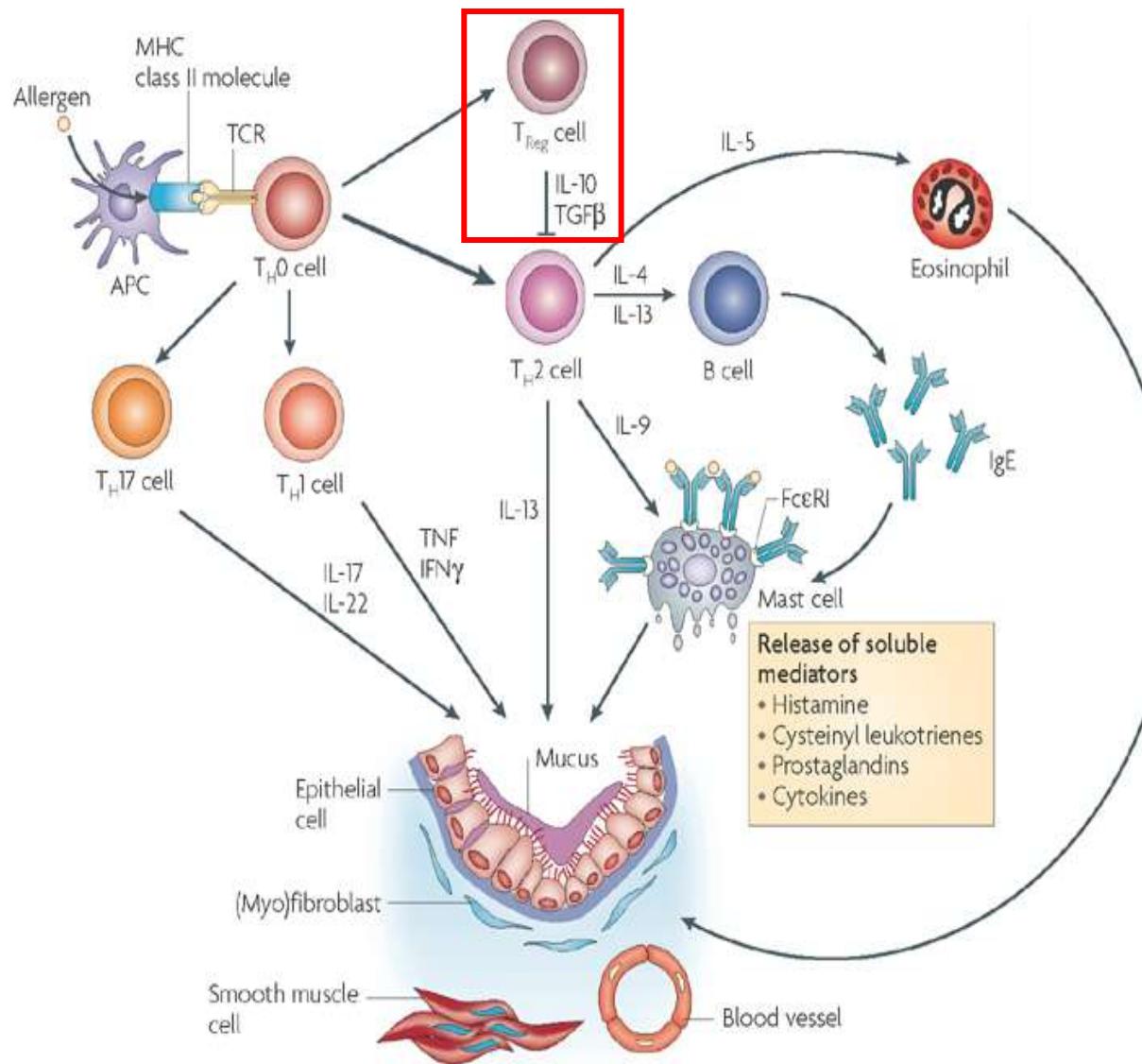
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OF ATHENS

ACADEMY

Immune-suppressive mechanisms represent important therapeutic targets.



(Holgate et. al., Nat Rev Immunol 2008)

Suppression of allergic immune responses is mediated by:

1. Immunoregulatory cytokines, such as TGF- β 1 and IL-10
2. Immunosuppressive cells, such as T regulatory cells (Tregs) and plasmacytoid DCs (pDCs).
 - *In vivo transfer of Tregs and pDCs protects from allergic airway disease* (Kearley et. al., JEM 2007, Kool et. al., JI 2009).
 - *Suppressive mechanisms inhibit allergic responses from asthmatics in vitro* (O'Garra NRI 2007).

However, these mechanisms are not sufficient for suppression of asthma suggesting that other mediators are involved.

Activin-A

A cytokine which belongs to the TGF- β 1 superfamily (TGF β 1-5, activins/inhibins, bone morphogenetic proteins , etc.

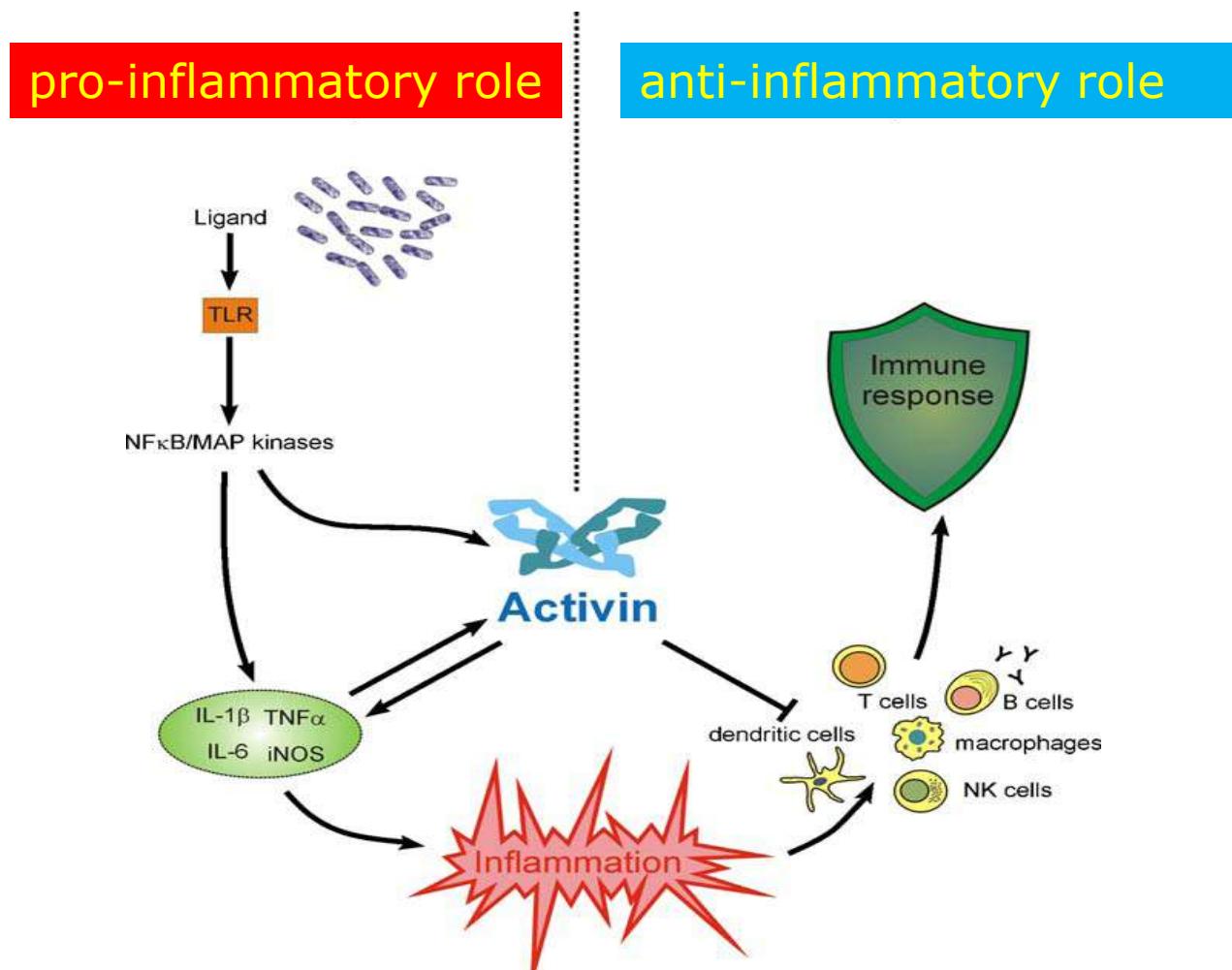
Activin-A participates in essential and diverse biological activities.

- stimulation of FSH-secretion (*Biochem. Biophys. Res. Commun.*, 1986)
- development (mesoderm induction) (*Nature*, 1990)
- haematopoiesis (*Nature*, 1987, *Proc. Natl. Acad. Sci. USA*, 1988)
- tissue fibrosis and remodeling (*Biochem. Biophys. Res. Commun.*, 1996, *Am. J. Respir. Cell Mol. Biol.*, 2005, *Am. J. Pathol.*, 2006)

Activin-A expression is increased during allergic diseases:

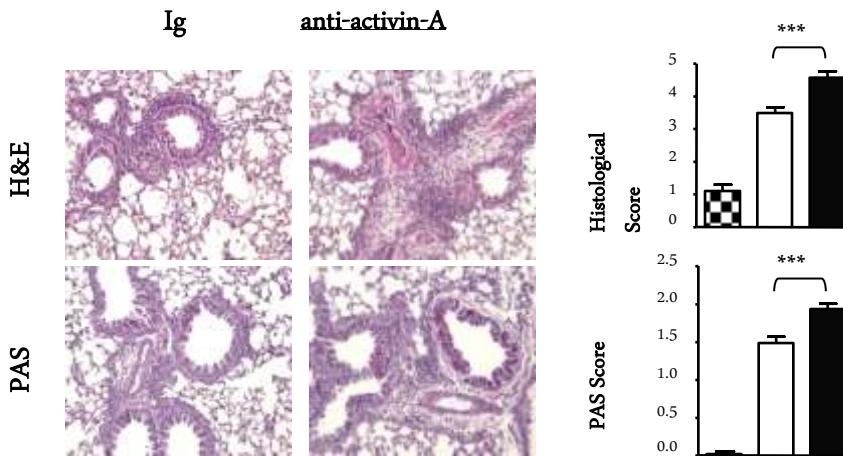
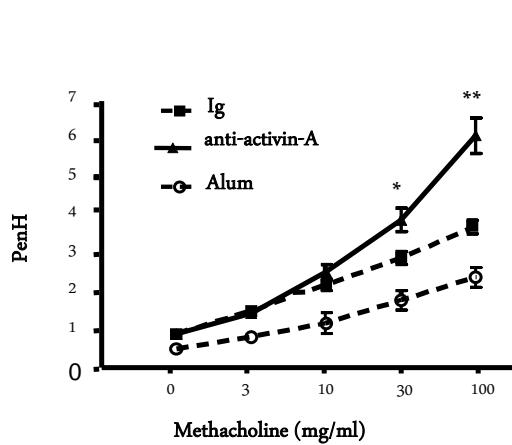
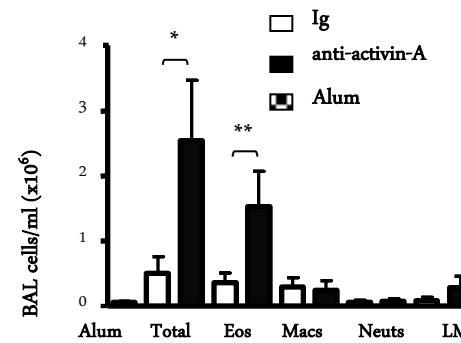
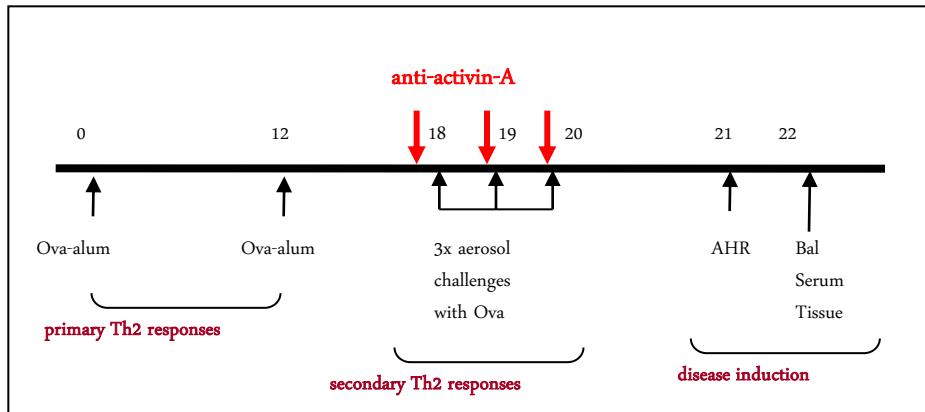
- a) the sera of individuals with allergic asthma (*JACI* 2006).
- b) the lung and BAL of mice during acute and chronic allergic airway inflammation (*CEA* 2006, *AJRCCMB* 2001, *JI* 2007).
- c) human and mouse Th2 lymphocytes, key players in allergic responses (*JACI* 2006, *JI* 2006).

Contradictory data regarding activin-A's effects on immune responses

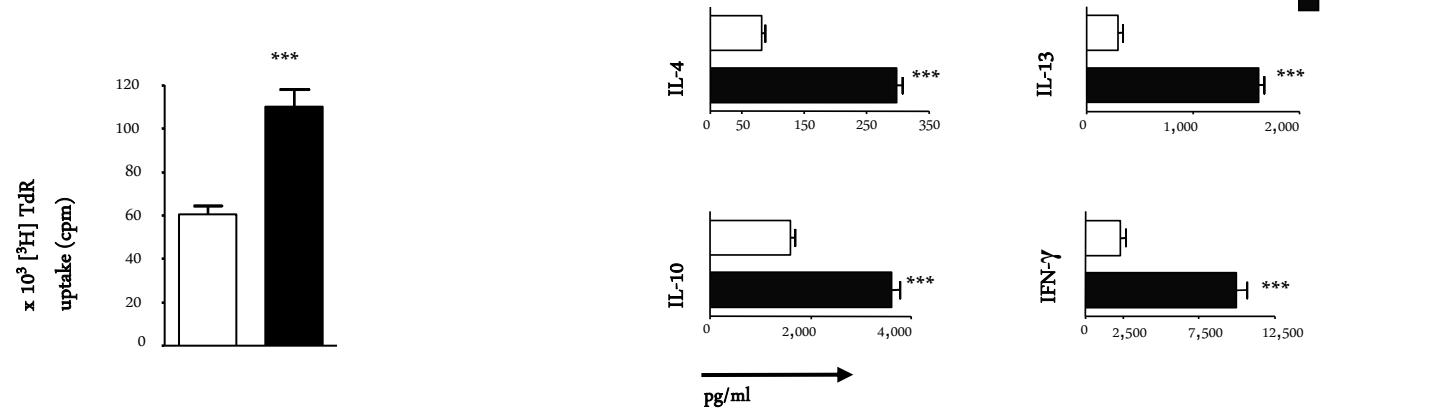


The role of activin-A in Th2-mediated allergic responses and associated disease remains unclear.

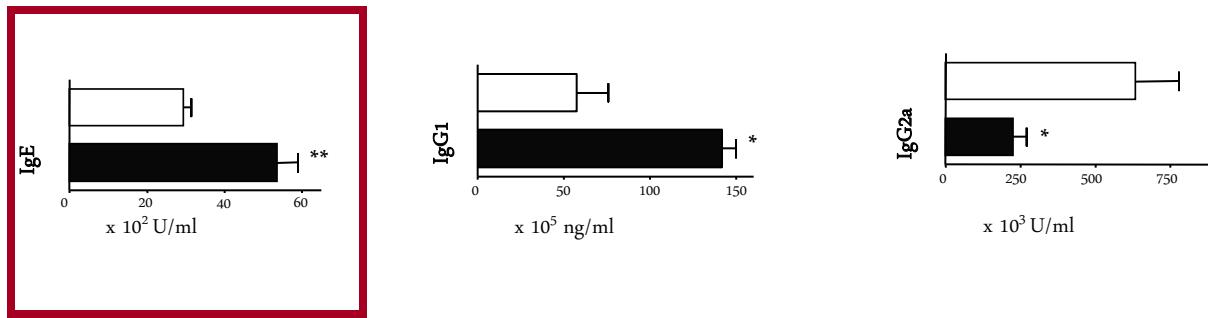
We hypothesized that activin-A is an immunosuppressive cytokine during allergic responses.



OVA-specific responses of Th2 cells in DLNs

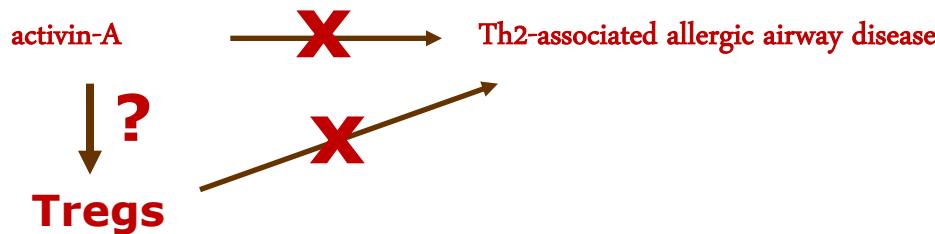
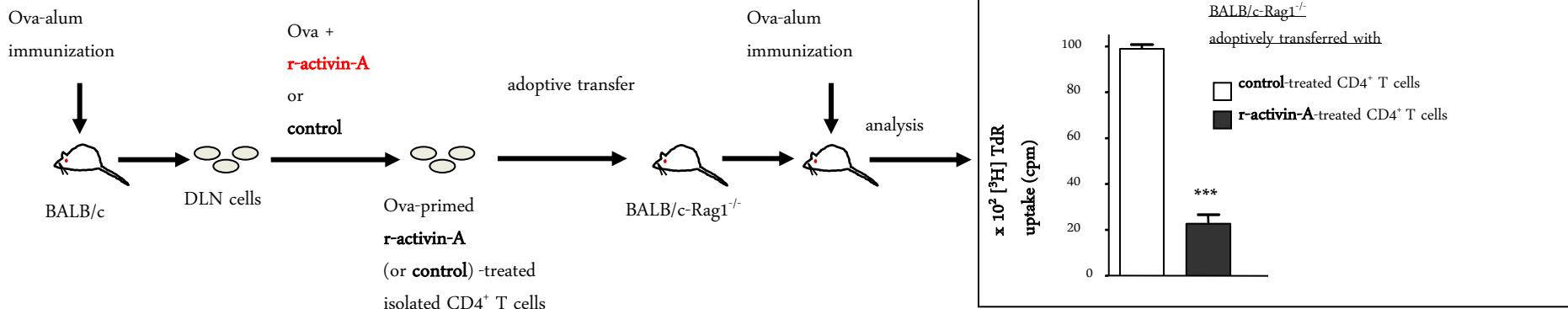
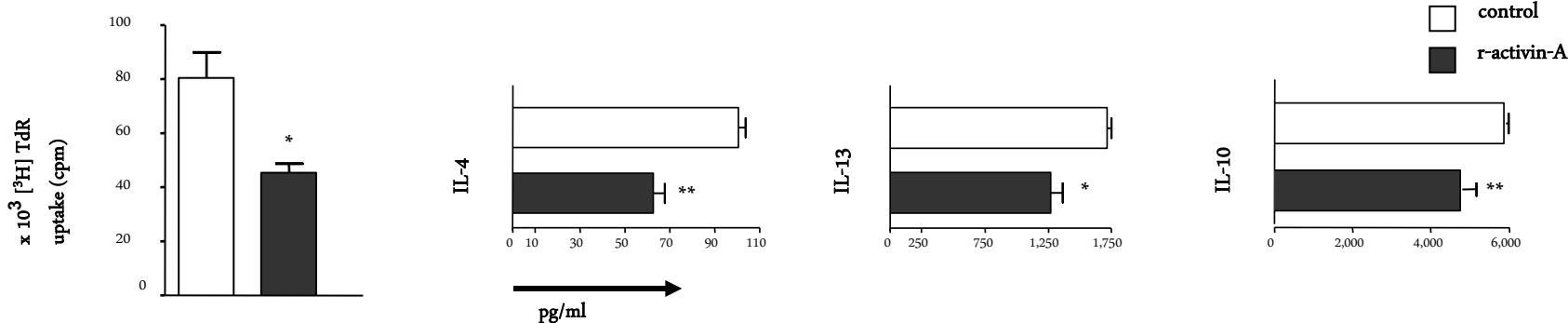


OVA-specific Ig responses



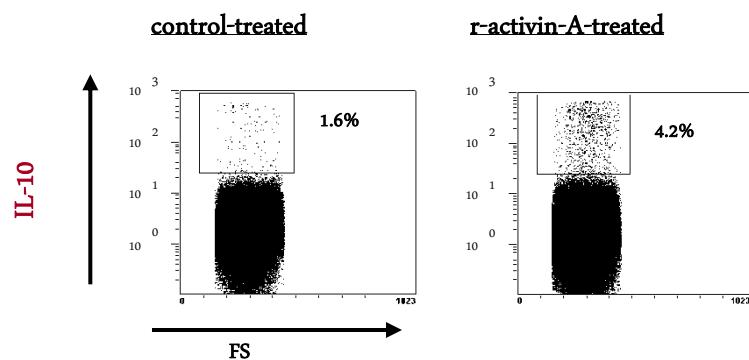
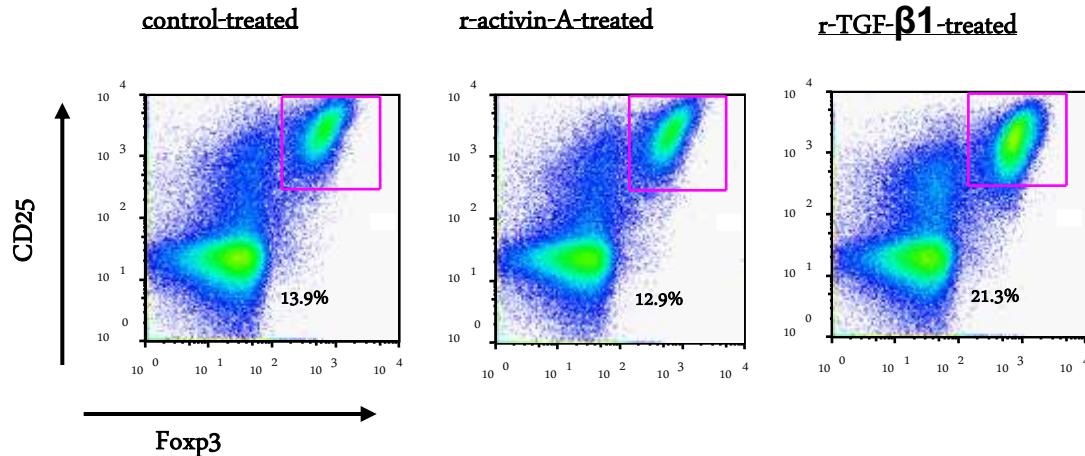
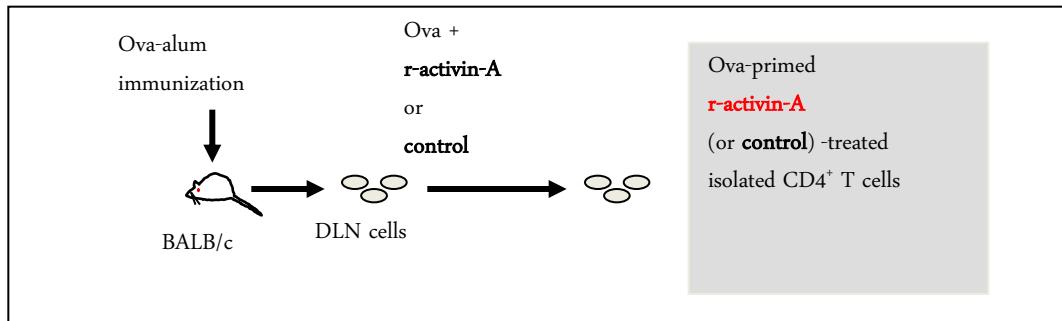
Depletion of activin-A during allergen challenge in the airways enhances Th2 allergic responses and exacerbates asthmatic disease.

Activin-A suppresses allergic Th2 responses *in vitro* and *in vivo*.



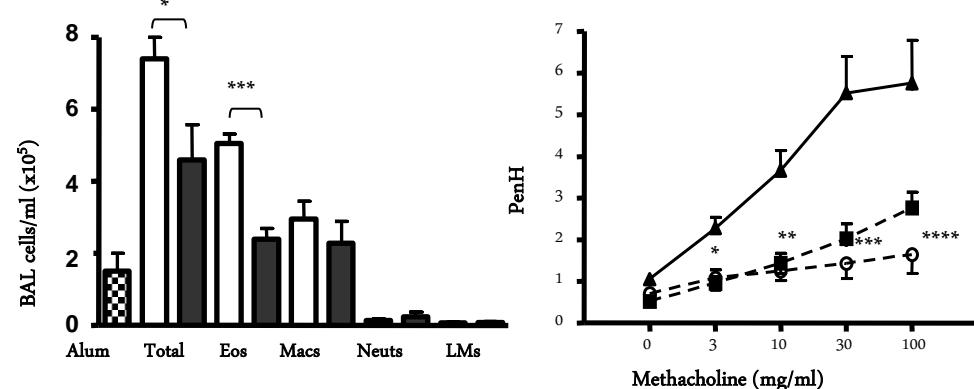
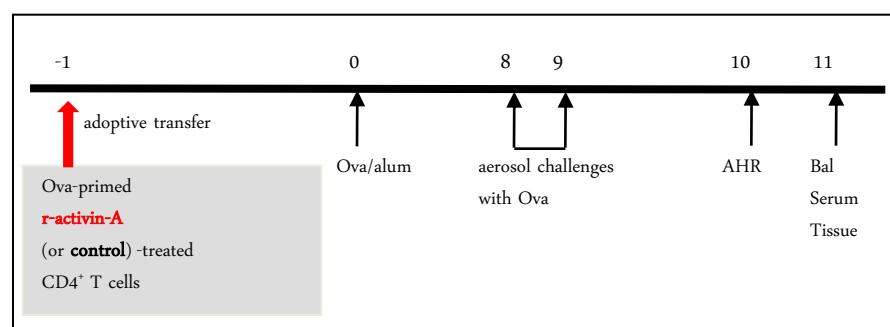
Is activin-A-mediated Th suppression associated with induction of Tregs?

Activin-A induces CD4⁺CD25⁺Foxp3⁺IL-10⁺ regulatory T cells

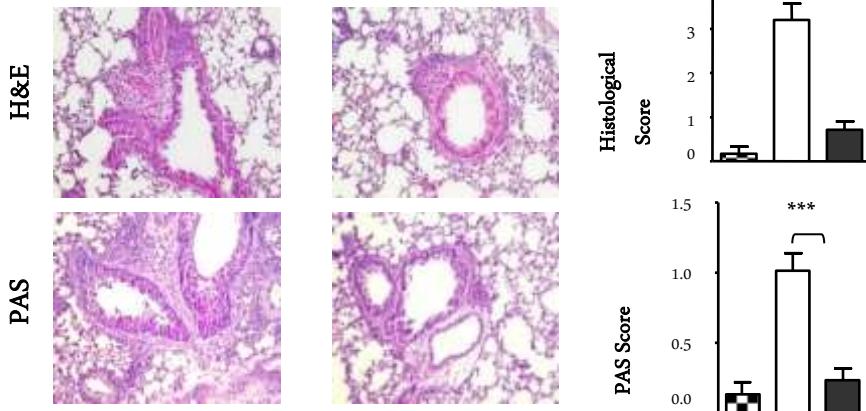


can activin-A-induced Tregs suppress allergic airway disease?

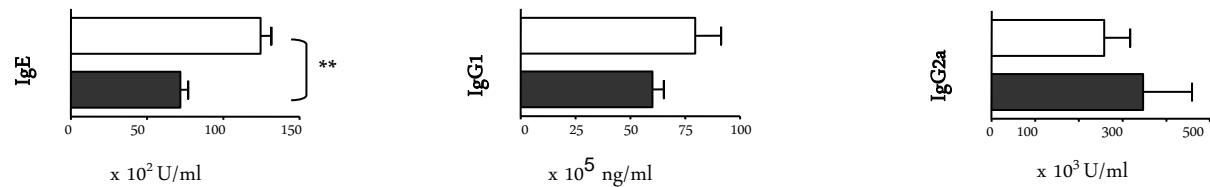
Activin-A-induced Tregs protect against allergic airway disease *in vivo*



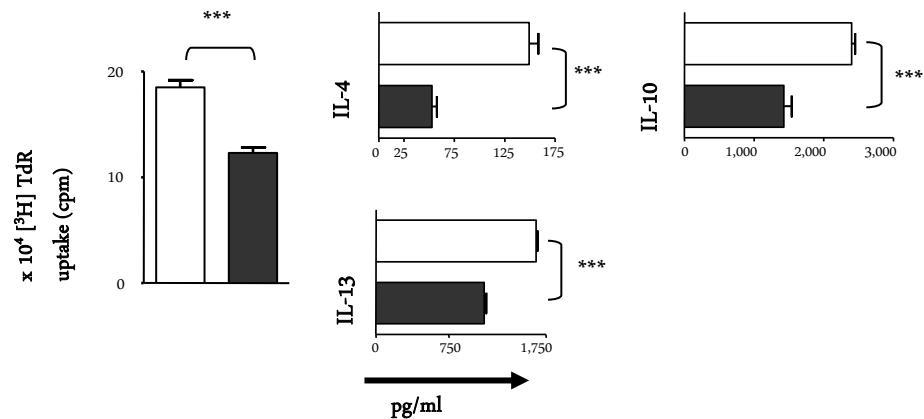
control-treated r-activin-A-treated
CD4⁺ T cells CD4⁺ T cells



OVA-specific Ig responses

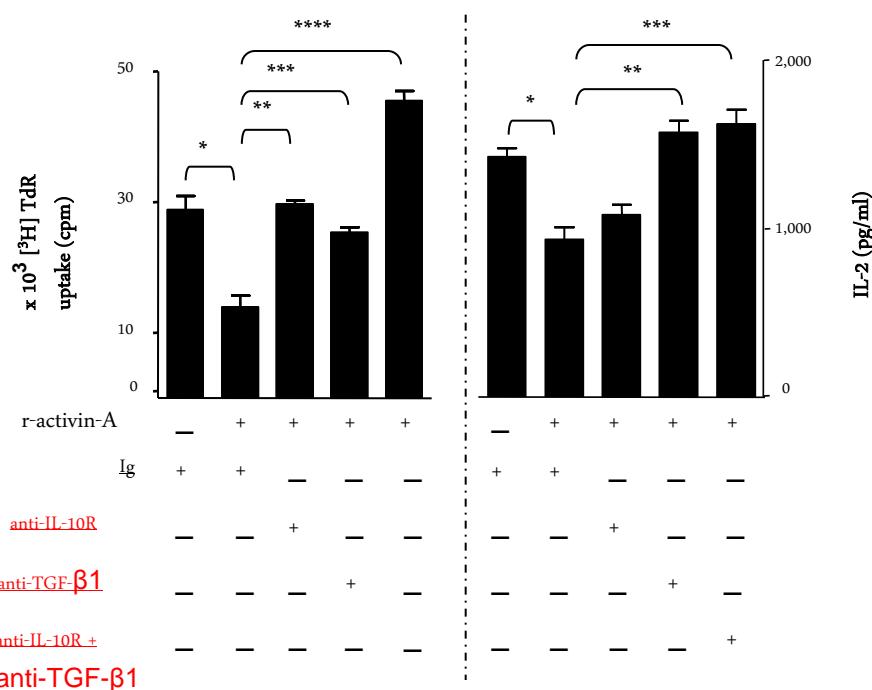
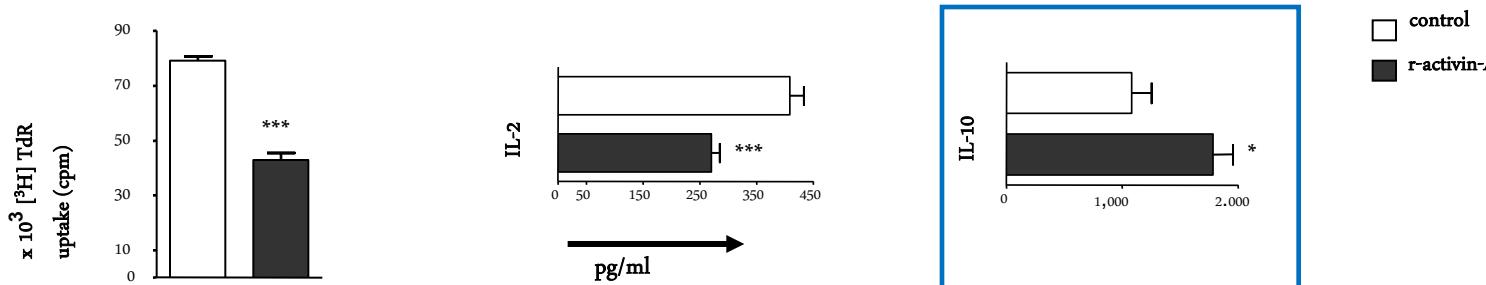


DLN / OVA response



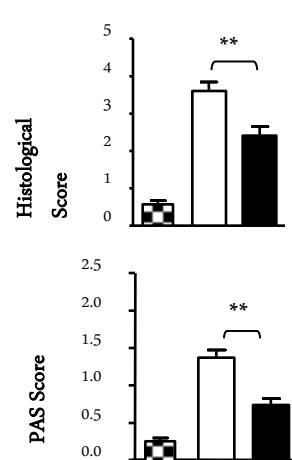
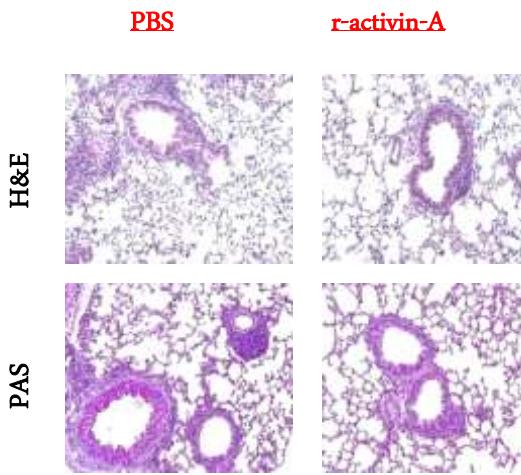
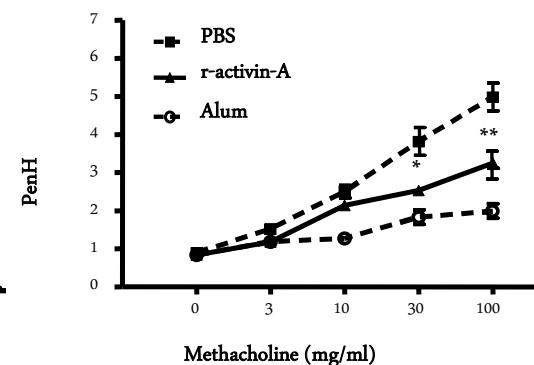
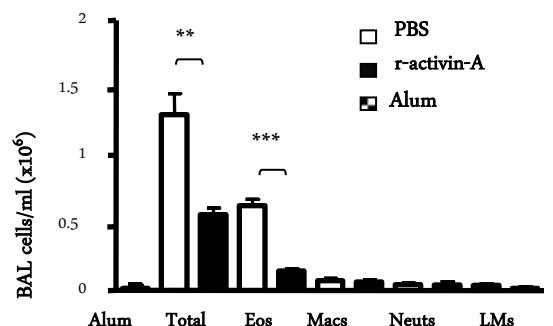
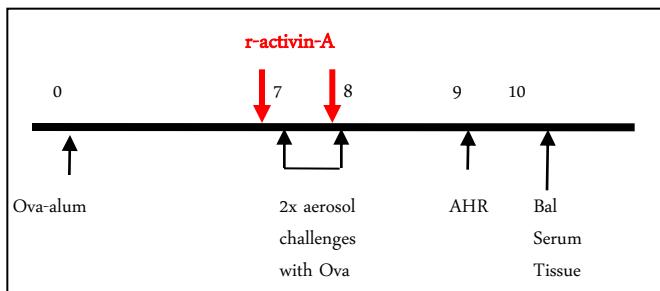
Activin-A-induced Th suppression is mediated by IL-10 and TGF- β 1

anti-CD3 Th responses

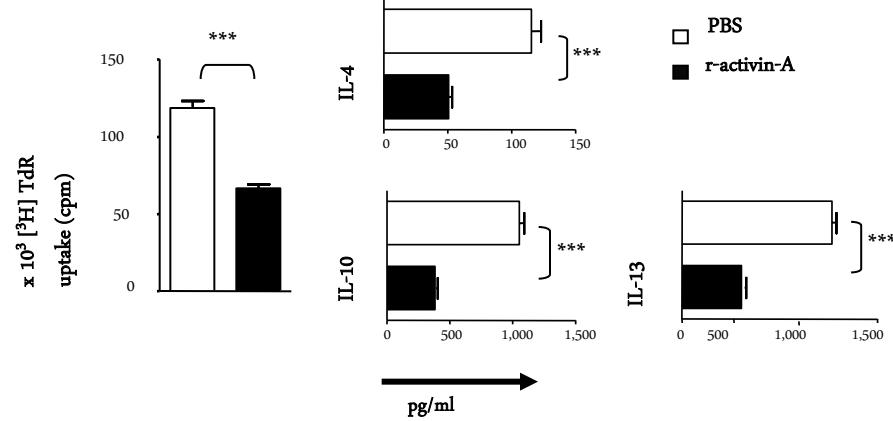


Can activin-A protect from allergic airway disease induction?

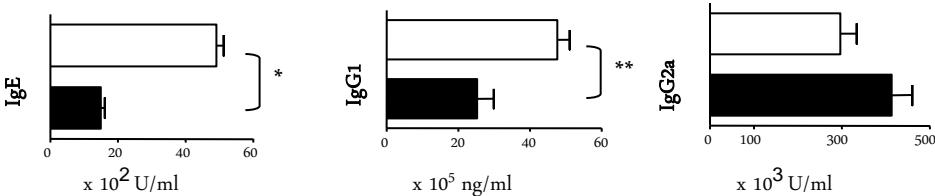
Therapeutic administration of activin-A suppresses experimental asthma.



DLN / OVA response

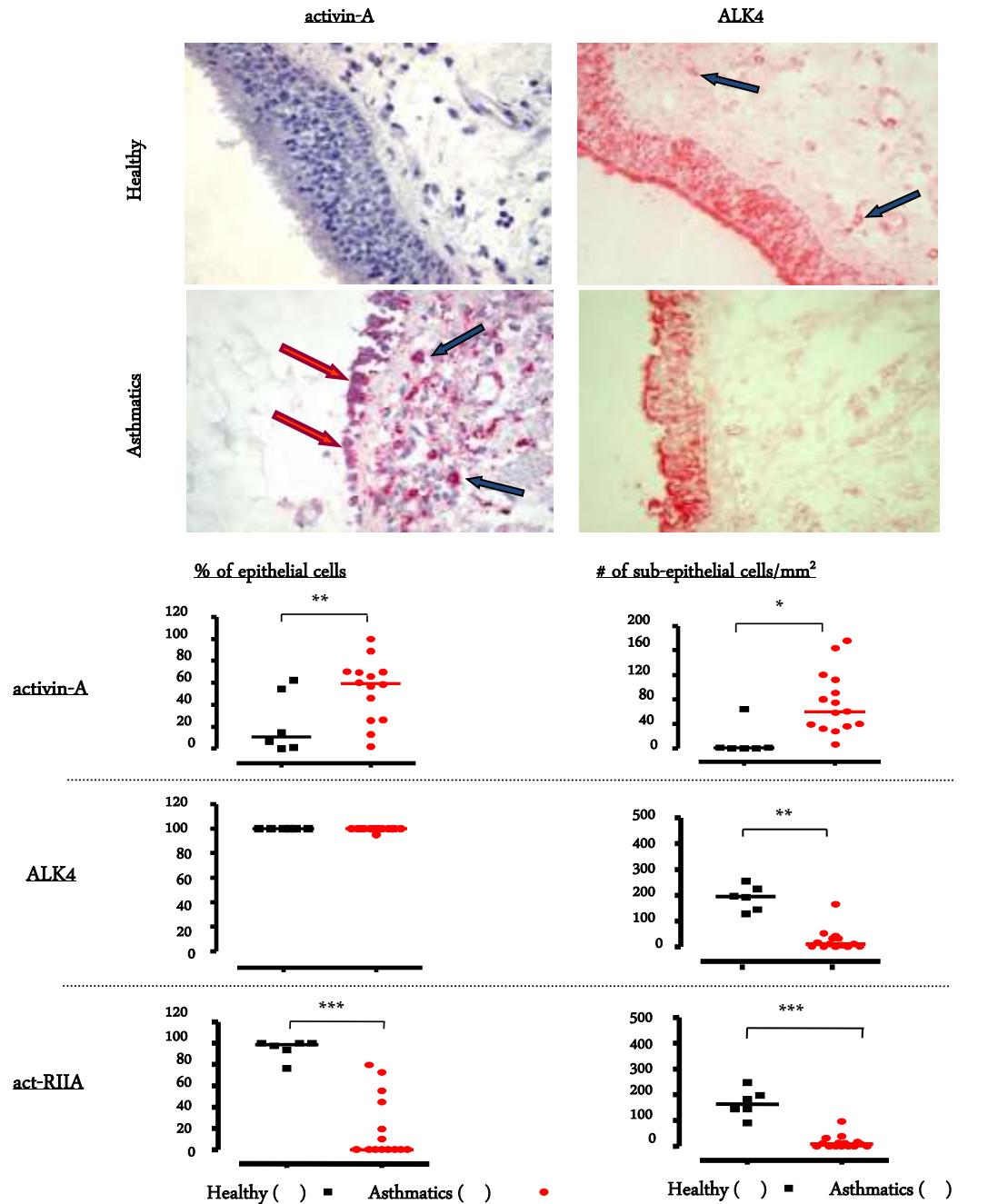


OVA-specific Ig



Semitekolou et al, JEM 2009

Decreased expression of activin-A signaling components in allergic asthma



Decreased activin-A signalling in lungs of asthmatics points to reduced immune regulation and enhanced inflammation.

Activin and transforming growth factor-beta signaling pathways are activated after allergen challenge in mild asthma

Kariyawasam HH, Pegorier S, Barkans J, Xanthou G, Aizen M, Ying S, Kay AB, Lloyd CM, Robinson DS

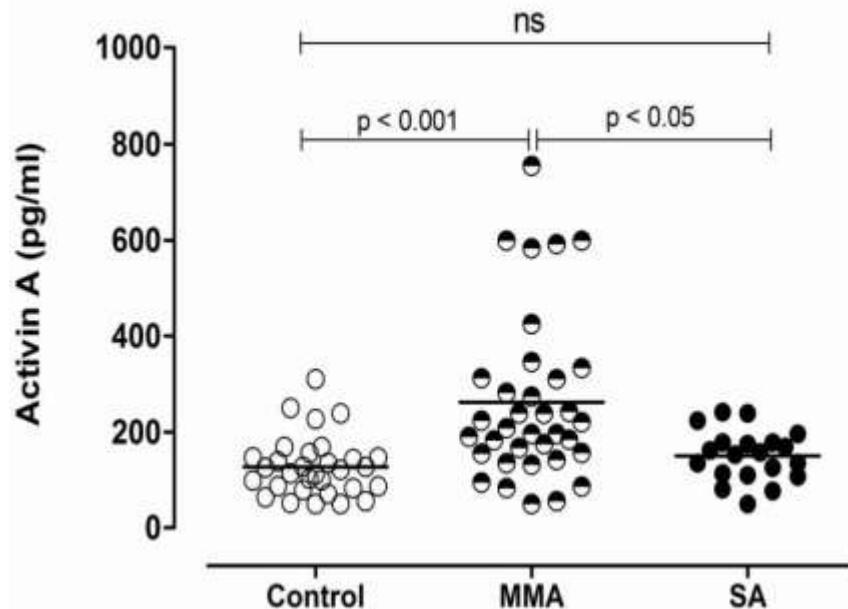
Journal of Allergy and Clinical Immunology 2009

- activin-A's receptor, **ALK-4**, is significantly increased in sub-epithelial cells of **mild asthmatics** following **pulmonary allergen challenge**.
- activin-A inhibits **TNF- α** and **IL-13**-induced chemokine production by human bronchial epithelial cells.

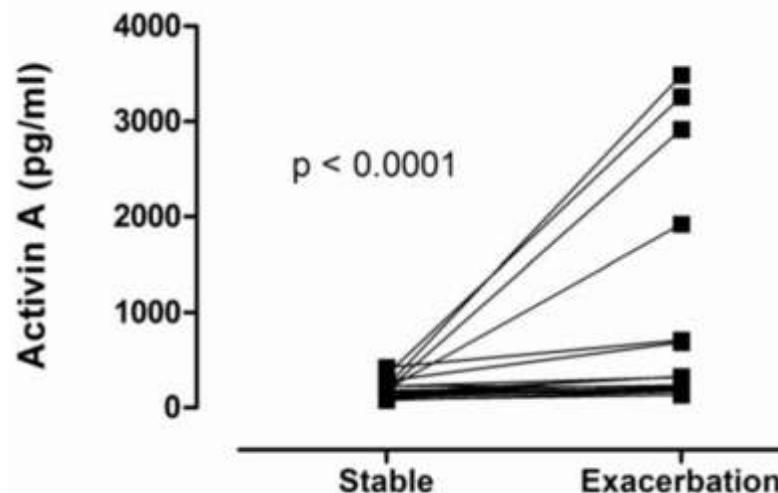
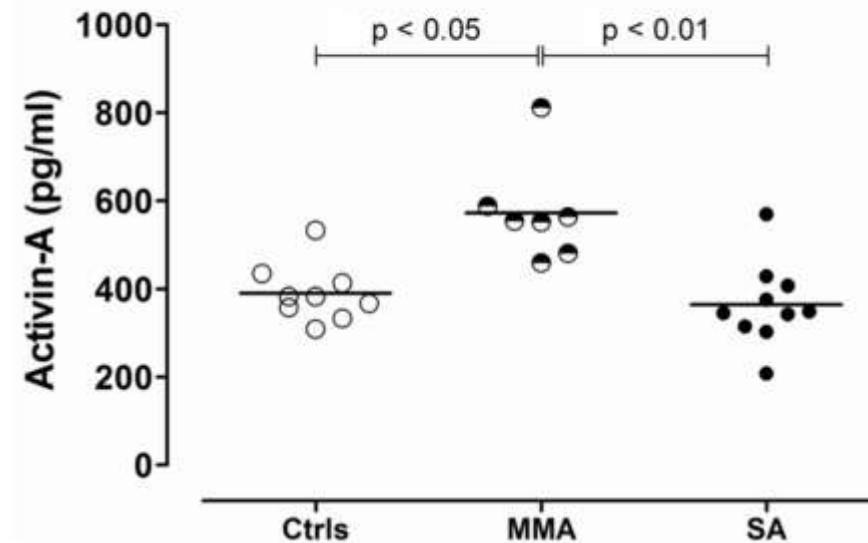
Key role of activin-A in airway inflammation and, possibly, remodeling in humans

Increased levels of activin-A in individuals with severe asthma

serum



BAL

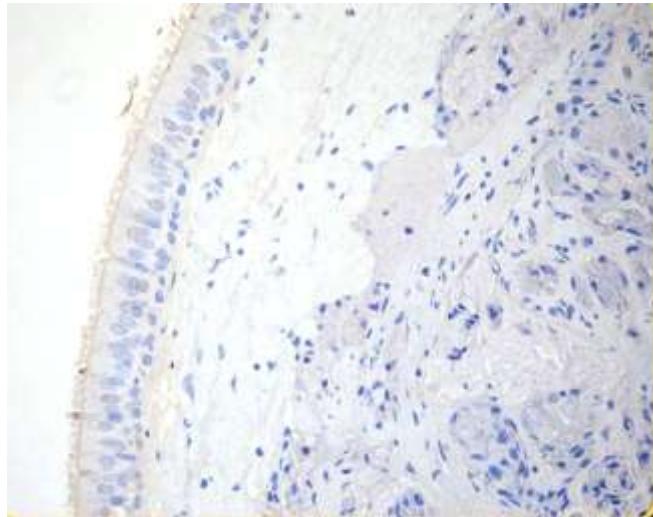


**activin-A increases
during asthma exacerbations**

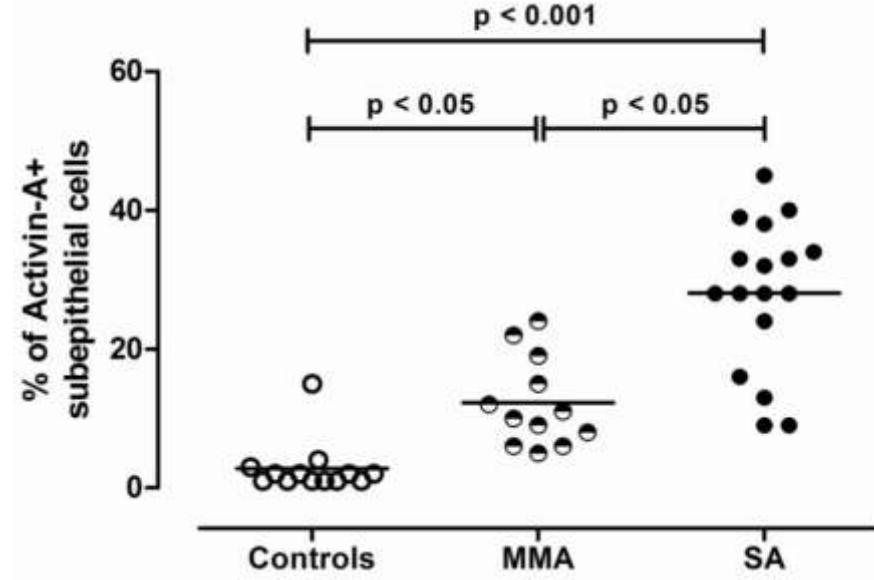
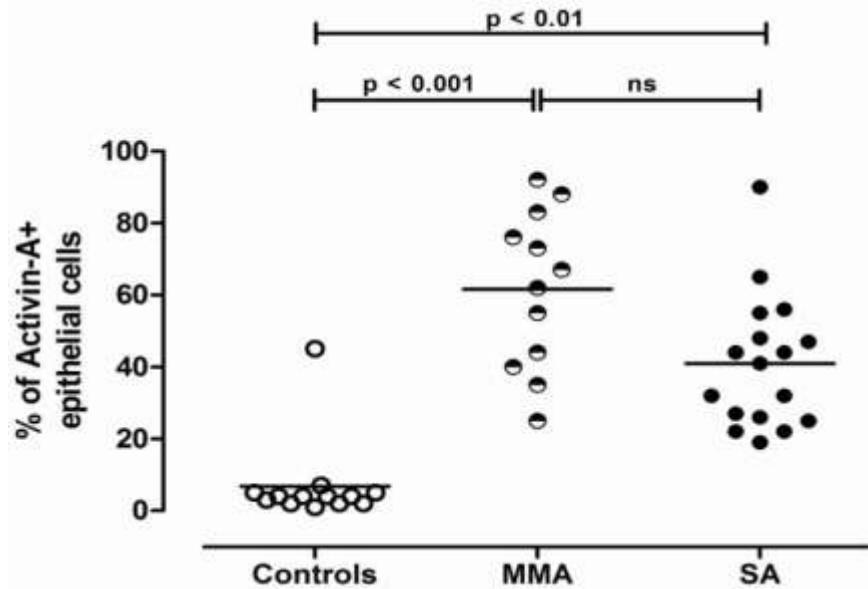
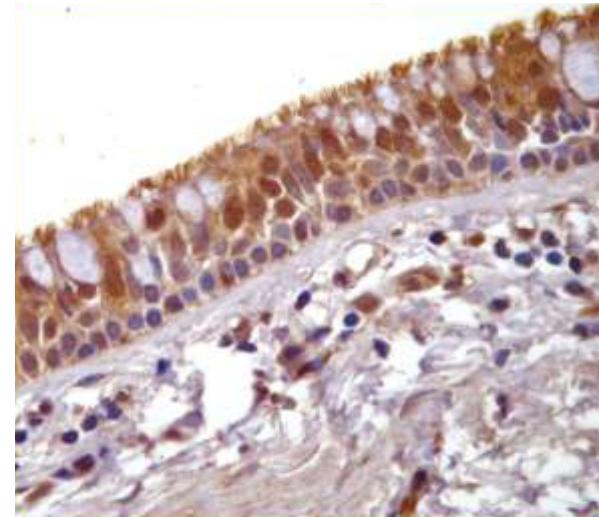
Samitas et. al., in preparation

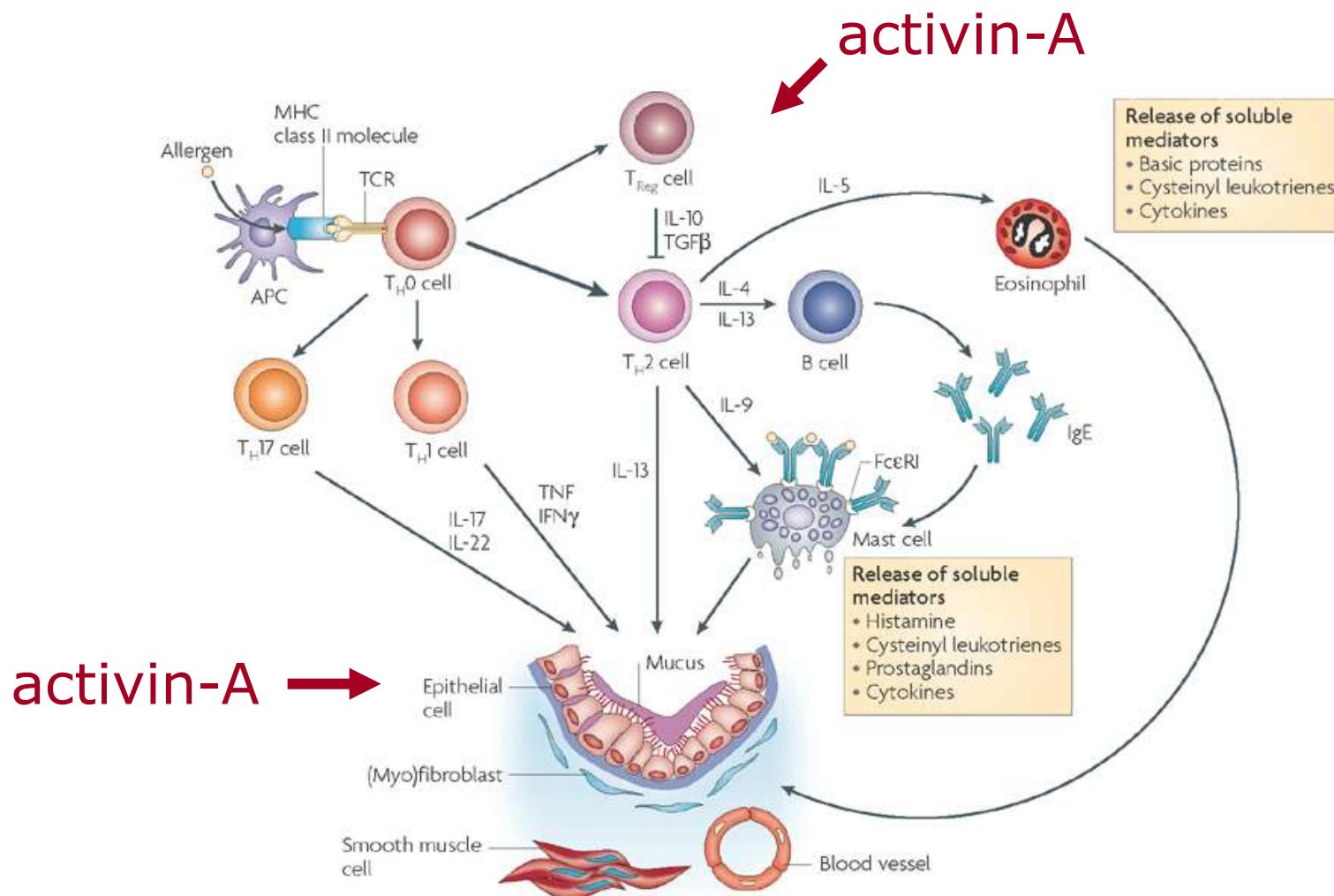
Increased levels of activin-A in individuals with severe asthma

healthy



asthmatics





Future goals

1. generation of human regulatory T cells by activin-A for therapy
2. investigation of the effects of activin-A on airway remodelling (i.e. fibrosis, neo-angiogenesis) in asthmatics

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